



Magic of Mind





1st

DEBATE

competition

On 27 and 28 September, 2019, St. John's High School hosted the 1st annual St. John's All India Debate (SJAID) competition. The event was initiated under the patronage of Ex-Johnian, Mr. Sandeep Goyal (who donated Rs.1 crore to his alma mater in 2018). The teams from 16 eminent schools from all around the nation participated in the debate. The Chief Guest Mr. Subodh Jaiswal DGP Maharashtra, and the Guest of Honour Mr. Sandeep Goyal, presided over the event.

The St. John's All India Debate (SJAID) was a huge platform for the ace debaters of the country to spread their wings and learn under the able guidance of the highly skilled and knowledgeable judges and chief guests. SJAID provided the students from various parts of the country with a podium to compete in a true spirit and to savour every moment of the event both on and off stage. From healthy discussions

to new friendships, SJAID was a success in bringing together the brightest young minds of the county and training them to be even better by the already established and highly skilled judges such as Mr. Kapil Sibal and Justice B.S Walia of the Punjab and Haryana High Court.

The event kicked off with the flag ceremony that portrayed the loyalty and dedication of the students towards bringing honor to their respected and prestigious schools. The very environment surrounding the campus was no less than a high status global meet as the participants were determined to prove their point and contemplate the point suggested by others. As one of our Chief Guests stated, a debate is not only about keeping a point, it is also about listening to others' viewpoints and appreciating them. We witnessed high levels of discussions ranging from environment and social topics to politics etc. We, as the hosts felt

immense pleasure and were honoured to host the participating guests. The aim of the event was to allow young talent to prosper through two days of great debates, great rebuttals and exceptional competitive spirit. India is a diverse country with numerous languages prevailing in various states, thus it was highly laudable to see participants debating in Hindi and competing on an equal footing with others debating in English.

Such events are proof that the county is moving towards a better, morally and theoretically strong nation and that the future of our country is in capable hands in terms of nature, society and politics.

Mayo College Girls School, Ajmer emerged as Winners of the 1st St. John's All India Debate and the Runners up trophy went to Convent of Jesus and Mary, New Delhi.



REPORT ON GRIID



On Wednesday, 8 May 2019, the students of class 11 and 12 of St. John's High School along with their two teachers visited the Government Rehabilitative Institute of Intellectual Disabilities, Sector-31, for their psychology field trip and NSS programme.

The boys were warmly greeted and showed around the institution by the gracious Ms. Maneesha of the GRIID. The GRIID is an institute for children with intellectual disabilities. The students at GRIID suffer from conditions like Autism Spectrum Disorder, Down Syndrome, Cerebral Palsy etc. The institution caters to 428 students of different age groups and provides boarding facilities to 25 students. The institution provides functional academic education and vocational training through distinct, individualized education methods, to its students. The students' intellectual capabilities don't allow them to avail mainstream academics, nevertheless the institution prepares students to be mainstreamed.

The institute houses pre-primary, primary, secondary, pre-vocational and vocational classes, preparatory classes and care group classes, with multiple sections per class.

In vocational class, the students learn skills in mak-

The institution caters to 428 students of different age groups and provides boarding facilities to 25 students.

ing candles and re-caning chairs. The candles produced are sold at different Umeed outlets throughout Chandigarh. Other vocations in which students are engaged in, are masala grinding-packaging, paper recycling and production of handmade paper, the semi-skill (using molds) pot-making and stitching and tailoring (which was exclusively for girls).

The Care group section has 16 students with autism, ADHD, cerebral palsy and down syndrome. The students are taught basic functional academics, i.e. grooming, eating, toilet skills etc.

The Autism section specifically caters to students with an autism spectrum disorder.

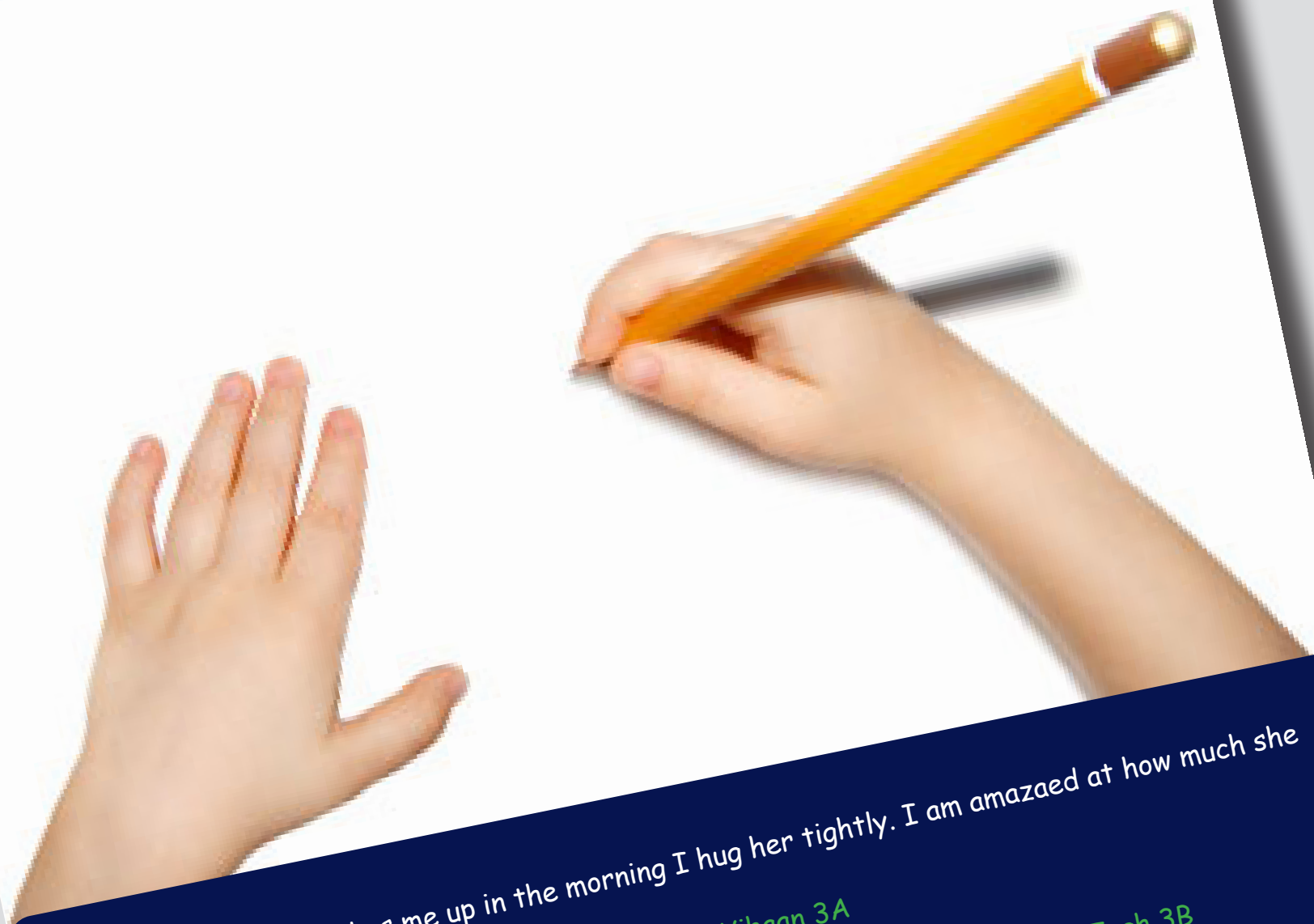
All the students attend the yoga class in their curricula which helps the students remain calm and mitigates hyperactivity.

Our boys returned to school not just with information about various intellectual disabilities but sensitized to their different needs and capabilities. At a higher plane of realization, the boys were all motivated by the students, who work so hard despite their impediments and succeed in doing so much. Therefore a sense of duty and responsibility towards differently abled members of our community was ignited.

On the face of each student of GRIID resided an undefeatable smile, ignorant as to all the vices of the world, and minds immaculate and untouched by personal vices. The smiles that the boys brought back, apart from the academic learning, will be cherished forever.

Pulkit Sharma
Sr. Editor

Creative Writing



When my mother wakes me up in the morning I hug her tightly. I am amazaed at how much she cares for me - **Ayush Pratap 3D**

My mother hugs me and tells me GET SET GO - **Vihaan 3A**

My mother wakes me up at 6:45 AM. My mother says 'RISE AND SHINE' - **Tegh 3B**

When my mother wakes me up in the morning I react differently. Sometimes I say, "Just one minute" and sometimes I run about the house or I go under the bed - **Ayushman 3C**



If I Had The Ability To Be Invisible

It would give me an opportunity to correct the evils of society. I would meet all the celebrities of the world without anyone noticing my presence. I would travel throughout the world without paying anything. I would monitor the forests for poachers and make them believe that there is a ghost. I would patrol the cities to prevent crimes. I would play all kinds of pranks on my friends and would make gloomy people happy.

Saksham 4C

If I had the ability to become invisible, I would be thankful to God for giving me the ability to be invisible. If I were invisible I could watch T.V. When my parents try to make me eat vegetables I would turn invisible and eat chocolates which are in my mother's room. I would do naughty things all day long. I would say thank you to God every day.

Mehtab 4D

If I had the ability to become invisible I would go in the streets and help the poor people who are in need of food and water. I would also help paralyzed people and would help them to walk. I would go and help the police to catch robbers and spy on thieves.

Ish-4B

If I ever get a chance to go back in history, I would like to meet Dr. Charles Babbage also known as the father of computers. I would like to meet him as, only a very intelligent and well-developed mind could think of such an amazing invention. I am not obsessed with computers or anything, but these days nobody wants to make an invention and get famous. Everybody goes to school and learns new things but nobody applies it to ordinary life to make it extraordinary. But Charles Babbage thought outside the box, and even though we use computers everyday for various purposes, nobody thinks of the man who made what everyone thought was impossible.

Jaiveer Singh-5B



I would like to meet Emperor

Akbar as he was a very polite king, respected his people and was a great ruler. He believed in God and trusted him. He was a very wise and a humble person. He always tried to do what was right. He always thought well of others and was a kind hearted man. I want to meet him once and want to learn more about him as a person.

Neev 5-A

Imagine if one day I woke up in space

I was sleeping calmly in my bed when a large gush of air passed by my ear and some stones hit me and I woke up. I saw the black roof and stars very near. I tried to step out of my bed and couldn't put my foot on the floor. When I looked down, I saw there was no floor. I realized that I was floating in outer space and was in the middle of a solar storm. I stayed in bed until it was over. A big asteroid just missed my head. I think I used up one of my cat's nine lives. After that I went to see the eight planets and four dwarf planets. I got to get close to the sun's surface but it was too hot. I saw the moon, stars and many more such things. Well, that was my glorious day in space!

Aarush Saini 5-D

It was a bright sunny Sunday morning so I kept sleeping till noon. I could hear the chirping of the birds and barking of the dogs. I finally decided to open my eyes. But the second I looked around, everything just disappeared and I found myself in space! I looked down and saw a blue and green ball which seemed to be the Earth. I was running out of oxygen when a spacesuit came out of nowhere. When I wore the suit, I started to travel at the speed of light. In a few minutes I found myself on a mysterious planet with a ten feet tall spider. One of the spiders pounced on me as I screamed with fear. Ahhhhh.... I woke up. I calmed myself down and slept once again. Who knows which adventure I will have this time?

Chirag Mahajan 5-B

If I woke up in space, I would jump from star to star. I would see India's satellites. I would fly like a super hero in the space. I would go to see all the planets. I would meet aliens and would talk to them. I would have a good time in space.

Sujal 5-C

A Talking Tree



Once upon a time, I was jogging in the park all alone. No one was in the park when suddenly I heard someone calling me. I was scared. When I turned back there was no one but a tree. This tree was a bit unusual because there was a beautiful face carved on its trunk. I thought that an artist must have done it but then the eyes opened and the lips moved to talk. It started talking to me. It requested me to make everyone aware that humans have cut down all the talking trees and

it is the only tree left in the talking tree family.

Surkhab 4-A

One day I and my parents were going to the park. My parents told me to wait. I was standing near a tree when suddenly I heard a sound. I looked back and saw a tree calling me. I was shocked! I thought I'd lost my mind. I thought it was a dream. I pinched myself. That tree started talking to me and I couldn't understand how to react to this. It told me that timber merchants are coming to cut all the trees of this park. It looked into my eyes and requested me to protect nature. I promised it to protect all the trees and will plant more trees.

Prabhav 4-B

One day, two friends were walking down a path. They were tired and hungry. Nearby, they saw an old crooked mango tree. One of them said, "Look at that crooked tree." The second one said, "Yes, indeed it is useless". After that they decided to rest in the shade of that same tree. When they got up they ate some mangoes and started walking away. Suddenly the tree started talking. He scolded them and said, "Ten minutes before you were calling me useless and now after resting under my cool shade and eating my sweet delicious mangoes you are leaving without saying thank you to me and nature. After listening to this they both felt ashamed and said sorry and they embraced the tree tightly.

Ish 4-B

Once upon a time, there was a talking tree in a forest. Everybody was scared of that talking tree. Nobody liked that tree. One day a boy came to the talking tree. They became best of friends. Every evening the boy use to go to meet his friend and the talking tree would give him fruits to eat.

Tanush Arora 4-B



If you met a magic genie who would grant you three wishes, what would you wish for and why?

My first wish would be to give me a healthy body because I fall ill very often and then I have to go to doctor and eat bitter medicines. My second wish would be that everybody should become kind and nobody should fight with each other. My last wish would be that everyone on this earth should have enough money to survive.

Panshul 3-C

I would wish to become a doctor as inspired by my Paediatrician parents. I know, as a doctor I can serve mankind, through my professional skills. My school too has taught us charity and empathy during our Outreach Programme to the Mother Teresa Home and the Institute for the blind. I would wish to help them in every possible way.

Last but not the least, I would wish that everyone in the world would care about the environment.

Soham 3-B

I would wish that my family would always remain happy because my family is the most important part of my life and I can't see them upset. I would wish that I study hard and become a hardworking person because hard work is the key to success. I wish that I would be so caring and always help every person I meet that needs something or the other because a person that is caring is the person that is a true, compassionate and tolerant man.

Ekam 3-D

I wish that I would become superhero Capitan America. I wish that all the poor h ave money, houses, food and books to study and my last wish would be to meet my old friend who has shifted from here.

Rohin 3-A



“Creativity is
intelligence
having fun”

- Albert Einstein

After the success of the previous editions of Coalesce & Visitav-ity, the Senior Secondary of St John’s High School, Sector-26 Chandigarh organized its 8th edition of the 2-day long event from August 7 –8, 2019. There was an overwhelming response received from schools all over the tri-city with as many as 100 teams participating in the events through these two days.

Mrs. Anujit Kaur, District Education Officer, UT Administration, Chandigarh graced the event with her presence, as the chief guest for the inauguration on the first day of the event. She congratulated the school for conducting such a mega event for private as well as government institutions which served as a perfect blend of an equality based environment. The first day of the competition was dedicated to Coalesce (Science Quiz) for students from Science as well as ‘Visitavity – where Vision meets Creativity’ for students from the Humanities stream. The socio-psycho event titled ‘UBUNTU’ was organised where the teams prepared a model addressing one global issue from an array of themes under the UN Sustainable Goals and its psycho –socio impact.

Mr. Bharat BhushanKakkar and Mr. Gurmeet Singh Sahni, both teachers at St. John’s, were the quiz masters for the Science Quiz as well as the Business Quiz held on the first day and the second respectively. The preliminary rounds of both quizzes were held through a new and unique app – ‘Kahoot!’ which made the event much more interactive and interesting.

Each day also featured enthralling performances by the school choir and the band – ‘The Soaring Eagles’, keeping the energy levels high. Also, budding dancers of the school presented a Bhangra which enthralled the audience. Another highlight of the event was a street play (NukkadNatak) performed by the Johni-ans drawing the attention of the audience towards the social causes which is an endeavour of each Johnian in making the world a better place over their own comfortable lives.

Yet another inspiring highlight of Coalesce – Visitavity was the school’s initiative towards a greener and healthier environment, by presenting the guests with plant saplings. The principal of St. John’s High School, Mrs. Kavita Das, addressed the audience, expressing how students develop their knowledge of various topics through Coalesce & Visitavity, and how such competitions provide a platform to bring out the best in them. She applauded the efforts of the students and teachers who put together such a well-organized event on such a large scale, which gave students an opportunity to come together and interact for an enhanced learning experience.

Shivansh Bansal
Sr. Editor

DAY 1

SCIENCE QUIZ

Winners – Delhi Public School, Chandigarh
1st runners up – Doon Public School, Chandigarh
2nd runners up – Ryan International School, Chandigarh



DAY 1

VISITAVITY

Winners – Sacred Heart Senior Secondary School, Chandigarh
1st runners up – BhavanVidyalaya School, Chandigarh
2nd runner's up - St. Soldier Divine Public School, Chandigarh



DAY 2

MOVIE MAKING

Winners – Sacred Heart Senior Secondary School, Chandigarh
1st runners up - Doon Public School, Chandigarh
2nd runners up - Chitkara International School, Chandigarh



DAY 2

BUSINESS QUIZ

Winners – AKSIPS, Chandigarh
1st runners up -BhavanVidyalaya School, Chandigarh
2nd runners up -BhavanVidyalaya School, Chandigarh



Yin and Yang & Yuan

The forgotten Third-Gender Of Society



We often speak of celebrating our nation's diversity—the different religions, languages, cultures, customs, costumes and cuisines. But we always forget one distinct culture. One that has been existing since time immemorial, harmoniously in nature.

The transgenders have been an essential part of our nation's history and heritage. But ever since the colonial rule, their community has suffered harrowingly. To enlighten us about the challenges and plight of her community, on 30 April 2019, Mx. Dhananjay Chauhan, a transgender scholar and activist, spoke at an awareness session with the classed 11 and 12 of our school. Moved by the affectionate welcome by our principal and students, Mx. Chauhan expressed.

Mx. Chauhan - whose academic credentials include many masters-degrees and diplomas, and is nearing the completion of her Ph.D – enunciated the emancipating power of education. Education was the only recourse to escape a world where every dagger pointed towards her.

At a tender age of five, psychological confusion as to her identity menaced her. She was raised as a boy, but realized her inclinations were to the contrary. She confided in her mother about the same, only to endure

excruciating pain at the hands of godmen who tried to exorcise her. She was tortured but not changed.

Her school years were replete with bullying and sexual abuse. At college, she was a topper, but was repeatedly sexually harassed and ragged. She was preparing for the UPSC exam, but got abducted and was gang-raped. The callous Police refused to help, and threatened her with arrest. Circumstances forced her and the rest of her kind to adopt a lifestyle of 'Hijrapanti' – transgender beggary. "I am a victim of society", she stated.

Ever since she wore the guise of a kinnar, she has been accepted and respected (only out of fear) at the Panjab University. More so, this step also encouraged other transgender students to pursue their education and enroll with the university.

"No one dares to bother a kinnar". Mx. Chauhan is the 1st transgender student of the PU. She has successfully campaigned for separate lavatories and 3rd gender columns in application forms, for the transgender community. Mx. Chauhan's persistent efforts also bore fruit in waving off Transgender students' fees in totality in the Panjab University. Also, an Anti-discrimination cell has been established in the university.

When the Canadian Prime Minister, Justin Trudeau, offered her citizenship of Canada, she respectfully declined it, insisting that she'd rather stay in an unjust society and try to put it right.

The struggle of Mx. Chauhan has also resulted in the U.T. Chandigarh formulating a 'Transgender Welfare Board' in Chandigarh for the welfare of the community.

St. John's has been a hymn of social justice. All that is wrong with society has to be mended by our generation of the cosmopolitan and tolerant. Let us vow to change the draconian ways of our society, by not judging individual differences, but instead celebrating our diversity. We can mitigate the unspeakably horrors that Mx. Chauhan has seen, by our humaneness.

"Betwixt the bright hot day and the cold dark night, we are the cool and beautiful dusk" – Mx. Dhananjay Chauhan.

And at such serene daybreaks, glide the sacred harbingers of justice, the eagles.

PavitSohal
Sr. Editor

A TRIP TO REMEMBER



'Picnic', a day every student in St. John's school eagerly awaits and look forward to. When it was announced in the class that we would be going for a picnic to Dhillon's Amusement and Water Park we were all very excited and happy. On the day of the picnic, all students reached the school before time, which is an extremely rare sight! We boarded the bus and were all set to reach our exciting destination, which was around an hour's drive from the school. The bus ride was amazing as we sang all the way. From playing games to having a warm and friendly conversation with the teachers, we enjoyed ourselves a lot and soon we reached our destination.

As soon as we entered the place we knew that our day would be filled with new and exciting experiences. After relaxing for a while, we all changed into our costumes. In no time everyone was in

the pool. It was a blissful feeling to enjoy the water rides with our friends. After spending time in the pool, we went straight for lunch followed by a walk in the amusement park. The place had all kinds of rides and was amazing as well. We enjoyed all the rides to the fullest.

And in the blink of an eye it was time for us to leave. All of us went back to our homes with broad smiles on our faces. It was indeed an amazing trip. All of us undoubtedly took home with us thousands of memories to last a lifetime.

**Written by
Irish Mongia**



JUST FAIR



The highest form of altruism, as stated by the revered class of philosophers, is when we put the comfort of those at a disadvantage above our own, for it is God Himself, in all His Wisdom and Glory, who decrees all such as being of the highest of regard. At St. John's High School, this value, warm and secure in the hearts of every student, is ignited when we host the much awaited Just Fair. This event is celebrated with a lot of pomp and gusto, much akin to the Founder's Day Fete, as any student would testify. And this year was no exception.

From the game stalls, to the never - unending display of delicacies, every aspect of this occasion was filled with love and understanding. Our guests came from the many institutes for special-needs children; including: The Institute for the Hearing Impaired, Vatika, The Institute for the Visually Impaired, Khelshala & Nanhi Jaan. Also, we were honoured to have with us the students of various Govt. Schools. The karaoke stand was the certainly the highlight, for everyone present participated and had the time of their lives.

The presence of the students from The EREBB Schools from Australia & South Africa further added to the joy of the occasion. . Every group of guest-students had been assigned a buddy from different classes, and many a deep friendship was hence forged amongst them.

In addition to all the afore-mentioned festivities, we are proud to declare that the

Just Fair was completely plastic-free, for at St. John's, we truly appreciate the wonderful gifts of Nature, so plenty and beneficial, that we take up the cause to conserve Nature, in ways that we can. This theme was incorporated into the Poster-making Competition, along-with thought-provoking social issues such as

an Anti-Tobacco World & Save Water, along with the Mehendi-Designing competition. It truly was a day to remember and we look back to it with many fond smiles.

Arjun Dua Class 10 D



Our Founder's Day





Celebrations

Our Founder's Day celebrations are a lot of fun. It gives us a much needed break from studies and gives the students an opportunity to indulge in different activities. Our school organized a celebration on 3rd May, 2019 to celebrate Founder's Day. Dressed up in colourful casuals, the students were on Cloud 9 just like me waiting for the fun to start. Just as the fete started, everyone ran straight to the stalls. The stalls were beautifully decorated with lovely banners. We all were spoilt for choice. There were many food stalls fascinating us with their mouth watering aroma. The game stalls were equally appealing with interesting games and prizes to be won. I had a wonderful time with my friends. It was a day filled with fun, frolic and laughter.

Ekam Singh Sandhu 3D

Our school Annual Day is indeed a festive occasion. Our school organizes the celebrations every year in honour of our founder Blessed Edmund Rice. His chief concern was the education of poor people. The day was celebrated with fervor, zest and enthusiasm in the school. An extravaganza of games was arranged. There were many stalls put up like tattoo making, hair colouring, face painting, auction and many things to eat and a disco was also organized in the school auditorium. Six other schools of Chandigarh were also invited. I am so delighted

to study in such a school where our Principal along with other school staff remembers our Founder and celebrate this day every year.

Kabir Gulati - 4C

St. John's High School celebrates its Founder's Day every year. Like every year all classes put up different interesting game stalls like Wheel of fortune, Open the lock and many more. There were many stalls for delicious food items like Momos, Noodles, Pizza, Ice Cream... and what not. There was music and dance and everyone enjoyed themselves! It was very hot but there were so many nice things to drink therefore no one felt the heat.

But do you know that there is a purpose behind all this fun and frolic? Our Founder Br. Edmund Rice had a vision of including the poor and needy in our lives and treating them with equal respect. This is what we have learnt through our celebrations, by inviting students from other schools who were less privileged than us to enjoy the fete with us. This was a wonderful way of celebrating our Founder's Life. It was a meaningful celebrations.

AgadhUday Gupta 5A

Special Founder's Day Celebration for classes KG to 2

For celebrating our Founder's Day how could our little ones be left behind? A special fete was organized in the hall keeping their safety in mind. The much awaited celebration began with a special movie which highlighted the life of Blessed Edmund Rice and his teachings. The boys enjoyed playing different games like 'Ring a Thing', 'Feed the Bunny' and many more. The jollity also included 'paint the face' which added to the mirthful mood. No celebration is complete without dance in John's. Our little Johnians swayed with energy and grace to the sound of their

favourite songs. It ended with a special treat of goodies like juices, biscuits and chips. The boys had an amazing time and they enjoyed themselves to the fullest.

FOUNDER'S DAY CELEBRATIONS

It was the 3rd of May, the Founders Day of the School, celebrated in the memory of Blessed Brother Edmund Rice, commemorating his rich legacy bestowed upon the Edmund Rice institutes

Every student of the school came dressed in casuals with a big smile on his face. Now that was a rare occasion, because that day, was the FOUNDER'S DAY CELEBRATIONS. The day started with our buses coming in and the excitement was palpable as the junior boys clung to their bags and the seniors planned the day with each other. Yes! We were ready to go!

The day started with a prayer, calling upon the spirit of Blessed Brother Edmund Rice to bless each one of us with his vision and generosity of heart. We waited with bated breath as our Principal, Mrs Kavita Das declared the day open. We started off with the games and they were good. Not the same old games. This time we had new ideas. From Battle Royale to What's in the Bag, we never ran out of games.

Then it was time for our guests, from Carmel Convent, Sacred Heart and a few Government Schools. The assembly area and the School Auditorium's entry suddenly burst into activity. On seeing our guests, the music became slightly louder and the boisterous boys became the epitome of gentlemen.

And then it was the turn of our School Band, The Soaring Eagles whose live performance throughout the celebrations, made the whole place come even more alive. The DJ in the Auditorium, was also one of the biggest hits! The fun we had inside was immeasurable. . We danced for about two hours sharing our joys and excitement. . By the end of the day, I had a sore throat from singing too much. But at the end of it all, I felt happy, so happy, about spending those five hours of my day in ecstasy, in euphoric surroundings.

Arjun Singh - 10A

Experiential Learning

Parent's Orientation

Class K.G

The Parent's Orientation Program was a wonderful welcome to the world of the St. John's family. One of the most interesting aspects of the teaching curriculum is the CLIP. Very innovatively designed worksheets make learning fun for the students and also eliminate the weight of books and copies. Of special mention is the smooth management of children in cars and buses, to the classroom and back, without any confusion.

Dr.Ruchit Uppal
f/oAnhad Uppal K.G-A

Class 1

During the Parent's Orientation the teachers briefed parents to be partners in progress of their children. They stressed on identifying the child's style of learning and applying assertive discipline techniques while the kid is at home. They also focused on having realistic expectations from the child and the relevance of value education. A beautiful message was conveyed through a video presentation that "Every child deserves a choice beyond marks. Don't let one exam or grade define your whole future. There is so much more potential right inside the young ones".

Mr.Balwinder Kumar
f/o Jayant Atwal-1A

Class 2

The orientation was an extremely well planned, interactive engagement. The first session highlighted child issues and related remediation was an eye opener for most parents. The session helped parents understand, with relevant examples, their role in bringing up a healthy and happy child. The second session dealt with specifics of curriculum for standard 2 which were well explained and delineated what we are going to do differently this year as compared to last year. The entire orientation was meticulously planned and conducted. This helped us explicitly understand our roles and responsibilities.

Ms. Neha Toky
m/o Stavya Malhotra 2D

‘Teaching is about creating and living experiences that are worth sharing’ We all learn from each other. To make learning and teaching more enjoyable teachers share some excellent tips during break time, twice a week. It is an interaction everyone looks forward to.



Class 3

The orientation programme is a preface of a school’s curriculum which provides a platform for teachers and parents to interact and lay the foundation for the child’s upcoming session. Further, the parents were reinforced about the importance of punctuality and regularity in school. During the orientation programme, parents were also updated on the usage of the online e-Care application. St. John’s being an environment friendly institution always lays stress on the usage of eco friendly things. In line with the same principles, parents were advised to-

- ‘Say No To Plastic’
- ‘Use Steel Tiffin and Water Bottle’
- ‘Use Simple Cloth Pouches’
- ‘Use eco friendly papers or materials for covering books and notebooks’

I feel proud to be a part of this esteemed institution and look forward to the magnificent journey of transforming my child’s future. St. John’s truly stands apart.

Ms. Shikha Gupta
m/oKriday Gupta 3C

Class 4

Every year the new session begins with an orientation program to give a glimpse of the whole session in a nutshell. It started with a brief introduction by the counselor in the auditorium that every child is unique in his own way. In the classroom the teacher motivated every parent to be more responsible. I was confident that my child is going to be in good hands. The orientation gave us

an insight into expectations in the new class. Now I am ready to tackle new assignments head-on without any anxiety.

Dr.Meghna
m/o Saksham 4C

Class 5

During the Parent’s Orientation apart from the discussion on the academic front, the topics shared by the teacher with all the parents on how to imbibe and instill the core values in our children, were a great source of inspiration. I feel proud that my child is being raised in such an environment.

Ms.Charu Singh
m/o Aarayaveer Singh Dutta

A Mock Fire and Evacuation Drill

“Being prepared for a disaster is like being prepared for any other important event in life.”

In continuation of our school's vigorous and ongoing endeavours to sensitize the staff and students about fire fighting techniques and the prompt ways to respond swiftly in an emergency situation, a Mock Fire Evacuation Drill was conducted on _____, 2019. The 'evacuation' operation began moments after the fire alarm rang out loud and alerted everyone. The students immediately evacuated their classrooms led by their teachers. They exited from various points to assemble in their designated areas. The objectives of the mock drill were to check the readiness of the school in case of any emergency and also to make the Johnnians and staff aware about the Rescue Operations. Keeping all the safety measures in mind the drill was carried out methodically. The entire building was successfully evacuated within a span of 3 minutes.

“A great teacher never stops being a student”

Our student days were lost in the fog of a distant memory; when suddenly it was time for us to step back into the classroom again this year, as STUDENTS. Yes! As students. The Diploma in Elementary Education Course initially was hard to accept and the thought of studying again caused chills to run up and down our spines. But, reassurance and succour given by our Principal ma'am, made this venture a great learning experience. 'Encourage, lift and strengthen one another' became our battle cry. We all are now convinced beyond a shadow of doubt that this course has informed and invigorated our teaching and attitude towards our roles as teachers in this internet age. We the teachers of St. John's have always believed that effective teaching is not possible without understanding the child in his entirety. This course made us aware about individual differences among children and how to deal with them accordingly. It was a blast from the past and a great experience to see through the lens of a student again.





Article on D.El. Ed



Workshop

Topic: Workshop on Tata Edge

Date: 20.09.19

Venue: Computer Lab

Resource Persons: Tata Edge Trainers

Attended by- Junior School Teachers

The resource person from Dell informed the staff about some important applications to be used in the class room. All the queries regarding the Tata Edge were also addressed.



Topic: Class Management Skills and Tips

Date: 07.01.2020

Venue: Auditorium

Resource Person: Mrs. Kavita Das

Attended by – The whole Staff of St. John's and guest teachers from Govt. Schools

A seminar on Class Management was conducted beautifully by our own highly knowledgeable Principal Mrs. Kavita Das. She started with making us stand House Wise, checked our nails and shoes. She enquired about our families which made everyone felt so special and loved. She emphasized on making learning fun and full of humour. Many brain breaks were discussed like Switcharoo, Basket Ball Toss, Cricket Strokes etc . The best was the sweet poem 'ColoursOf The Rainbow' in sign language. She highlighted a great range of techniques and skills, which can be used to keep the learners orderly, focused, organized and attentive. The whole session was credit worthy and informative. With the help of this workshop, the teachers learnt a lot and also stated that they would surely devise different



Topic: Protective Measures to be taken in the school and to have a stress free class

Date: 31.08.19

Venue: Auditorium

Resource Person: GeetaVadhera

Attended by- Junior School Teachers

Teachers were shown slides and videos on what all falls under corporal punishment and measures to be taken while dealing with the children. They were also told how to make their teaching stress free with creativity and passion.

Topic: Knowing about yourself

Date: 07.01.20

Venue: Senior School Classroom

Resource Person: Brother Mac

Attended by- Junior School Teachers

Beginning with a humorous welcome to all the teachers in Hindi, Br. Mac started with the distribution of sheets on which there were some relatable topics like 'Being A Teacher', 'Meditation', 'What am I all about?' etc. The teachers were told to select one topic, make a group of the ones having a common topic and prepare a presentation. There was a discussion after the presentation and Brother also gave his expert opinion. It was an enriching experience for all the teachers.

Topic: Practice Gratitude

Date: 18.12.19

Venue: Auditorium

Resource Persons: Br. Steve and Br. Johnson

Attended by- Whole Staff of St. John

'It is not the joy that make us grateful, it is the gratitude that makes us joyful'. On this positive and evoking thought the Brothers made us list the things we hold the closet to our hearts. They made us introspect on, what keeps us healthy and happy as we go through life? They motivated each one of us to develop an attitude of acceptance and gratitude. They emphasized that of all the things that can make us happier and healthier, cultivating an attitude of gratitude is one of the simplest and of course, cultivating the attitude comes from implementing a daily practice of gratitude, noticing the positives in your life and others. The seminar ended on a very cheerful and positive note with us resolving to hold love and peace in our hearts for everyone.

Topic: Staff Orientation

Date: 06.04.2019

Venue: Auditorium

Resource Person: Mrs. Kavita Das

Attended by – The whole Staff of St. John's

The orientation programme commenced with a warm welcome to the staff followed by the ceremonial lighting of the lamp. Our honourable Principal ma'am addressed the teachers. She spoke about yesteryear's achievements, happenings and the launch of our new website. She apprised us about the renaming of the Learning Centre as the 'Edmund Rice Centre' for the Junior School and 'Mary Rice Centre' for the Senior School. She made the staff familiar with a few things which are coming this year like SJAID. She stressed on the importance of Value Education and Catechism classes. Then she accentuated the importance of the four Touchstones. Overall it was a fruitful session and the teachers were in high spirits after attending the orientation programme.



Topic: Sustainable UN Goals

Date: 06.01.2020

Venue: Auditorium

Resource Persons: Ms. Amrit and Ms. Mona

Attended by – The whole Staff of St. John's and guest teachers from Govt. Schools

As is a tradition of St. John's, the seminar started with a beautiful hymn and a soulful prayer. Mrs. Amrit began the session with the insight that the objectives to produce a set of universal goals are to meet the urgent environment, political and economic challenges facing the world. All the goals were expounded with the help of various documentaries.



Topic: Child Rights and Human Rights

Date: 06.01.2020

Venue: Auditorium

Resource Person: Ms. Amrit and Ms. Mona

Attended by – The whole Staff of St. John's and guest teachers from Govt. Schools. The main objective of this seminar was to create an awareness and understanding of Child Rights and Human Rights.

The focus was to make everybody aware of the rights the children are entitled to. Many case studies were discussed and explained which sensitized us to the problems prevailing in our society.



Topic: Capacity Building Programme on Inclusion

Date: 01.07.19

Resource Persons: Amrit Sharma, Richa Sharma, Ravi, Mona, GeetaVadhera, Smilee, Tanya and Neeru. It was a great learning experience as the seminar was on Inclusion (A Capacity Building Programme). It was conducted by our counsellors. It was very well conducted and the activities were very well organized. All the teachers including the guests from different schools enthusiastically took part in the activities. It was a great reinforcement for us, before starting with our classes. The guests also appreciated our school's efforts. The first session accentuated World Earth Day- Saving water and protecting trees – a different aspect of inclusion as women are discriminated against and made the victims during such crises. The next part of the seminar enlightened us about all the different types of disabilities and ways to accommodate each child. We had case studies in which different situations in a classroom were enacted by the teachers and the counsellors. The seminar was wrapped up with the description of PISA. In the end we had a vote of thanks by our Principal ma'am.



Fire Safety and How to use the Fire Extinguisher

Date: 31.08.19

Venue: Auditorium

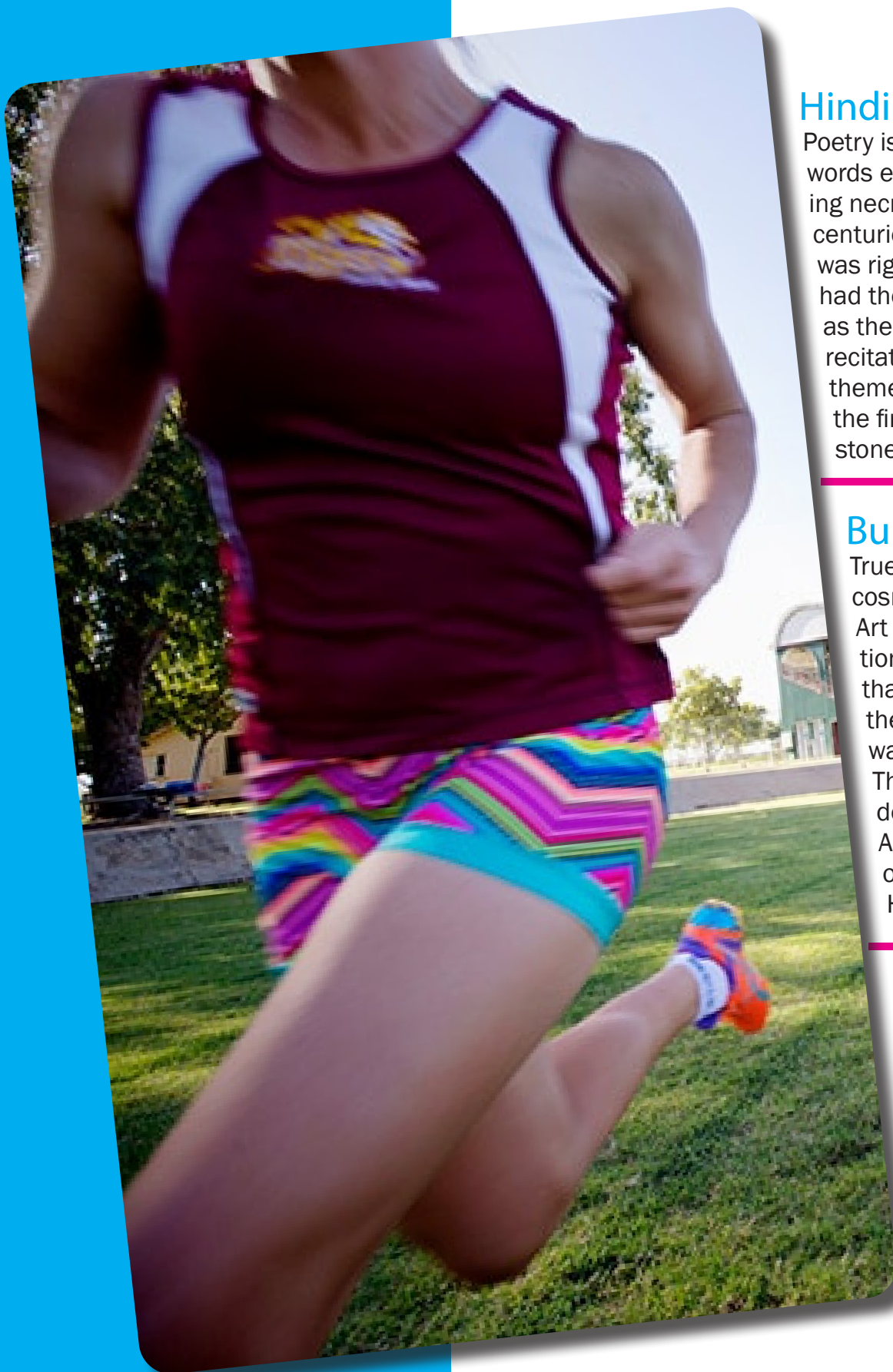
Resource Person: P.Smilee Sharma and Mr.Saurabh

Attended by - Junior School Teachers

To educate and train the staff for an unforeseen emergency situation like fire, an intensive fire safety workshop was conducted. The main objective for conducting such a training programme was to generate awareness about basic fire safety. Therefore, teachers were trained on the usage of fire extinguishers. It was an essential life skill workshop and hands-on-experience for the teachers, keeping in mind the safety and security of our students.



Inter house activities



Hindi Poem Recitation

Poetry is a man's embodiment of genius. Poetry is not words etched, albeit beautifully, on paper...but a living necronomicon. Poetry is a religion unto itself, as centuries of works of true art can testify. The feeling was rightly adopted here at St. John's, when Class-10 had the behemoth task of living up to this sentiment, as the Inter-House Competition was that of poem recitation, in the language of the angels, Hindi. The theme was nature, and the compositions recited by the fire-breathing competitors worthy of sermons in stone.

Bulletin Board

True beauty is never the outer expression, rather the cosmic elegance portrayed through inner emotions. Art is the highest form of hope, and ornamentation only a secondary virtue. This value was more than adequately understood at St. John's, when the second round of Inter-House Competitions was declared to be a Bulletin Board Decoration. The theme of nature, again was almost flawlessly depicted, as perfection lasts only an instant.... And those instances were manifold in the various depictions by the participants of the various Houses.

Hindi NukkarNatak

Man's inner conflicts are portrayed better in a play than in an autobiography. A play is a living example of what one issue can do to an entire societal system. This was the case when Class 10 portrayed the theme of 'Child Abuse' through their respective nukkarnataks. Every House strived to outdo the other, as the acts on display brought tears to the eyes of many. The message was strong, blunt and struck at the heart.

Arjun Dua(10D)
Student Editor

JUNIOR SCHOOL



St. John celebrates its
Diamond Jubilee this year.





Sports are about those incredible moments when sheer human will and desire overcomes odds. These are the moments to remember and these moments were very well captured at the magnificent Annual Sports Extravaganza that was organized at St. John's High School on 16th November 2019, in which students from Prep to Class 5 participated with great fervour and manifested their athletic skills with unimpeachable finesse. A lot of hard work had gone into making it a special day as St. John celebrates its Diamond Jubilee this year.

It was a day filled with zest and exhilaration, amidst thrills and cheers. The collective heart beats of hundreds could be heard. The school playground rimmed with flags, reverberated with the sound of cheers that made everyone's day. In his speech he laid emphasis on the importance of sports in a student's life and encouraged the young Johnians to strive for greater heights. He highlighted that sports are the epitome of hard work and dedication and to get to the pinnacle of a sport, even the most naturally gifted athletes have to give it their all.

The young athletes displayed a wide array of energetic and bouncy sports events ranging from a variety of races to drills. Once the races began,

the air was filled with cheering and tons of encouragement for the sports stars. It was a delight to see the excitement with which students challenged themselves to attempt a variety of races like the Kangaroo race,



The Mega Event Commenced With The Felicitation by the Venerable Chief Guest, The Deputy Commissioner Mr. Mandip Singh Brar.







the Commando race, the Hungry Bunny, relays etc. which made all the audience watch with bated breath. The most intriguing aspect of the event was the splendid field drills involving mass student participation. They sprayed the field with a riot of hues and radiance. As a part of the Outreach Programme, the students of Little Flower Convent School were invited to be a part of the programme. The programme concluded with the Vote of Thanks given by our Principal, Mrs. Kavita Das. The event ended with singing of the National Anthem. The dignity and spirit of our school was kept intact by the Johnians of the junior wing.



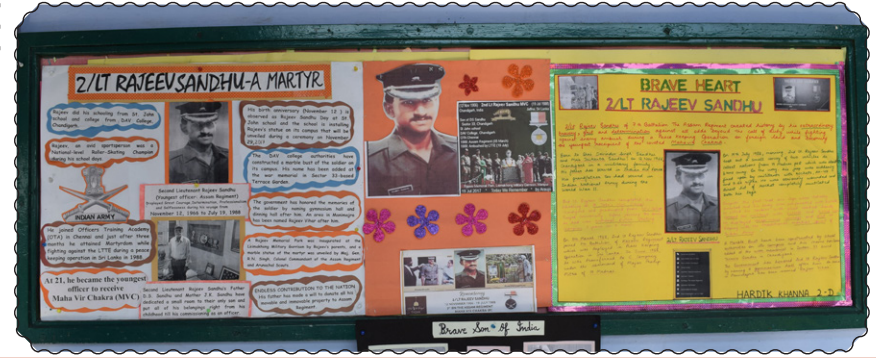
Jai Pandey was declared the best athlete in the under 8 category while Noor Baidwan and Rama Rudra Pratap Singh were declared the best athletes under 10 and under 12 categories.



BULLETIN BOARDS

Whether we are displaying the periodic table, the classroom rules or welcoming students back to school. Bulletin Boards have an important role in our school setting. They do wonders to spruce up dull and bare walls. Eye catching boards are made with the help of students and their parents.







CLASS LIBRARY
In St. John's we believe that
a classroom library is the
heartbeat of the learning
process





MORNING ASSEMBLIES



“Each morning we are born again, what we do today is what matters the most”. Morning Assemblies serve as powerful motivators for the entire school. It is the most serene feature of our school where students learn the value of collective prayer and are exposed to the need to inculcate moral and ethical values. Assemblies are conducted with the active participation of the students and teachers. Theme based assemblies are well planned and carefully conducted.

DCH DRILL

Once in a month
our school per-
forms Drop, Cover
and Hold On drill
– a quake safe
action designed to
protect lives and
prevent injuries
from falling and
flying objects.





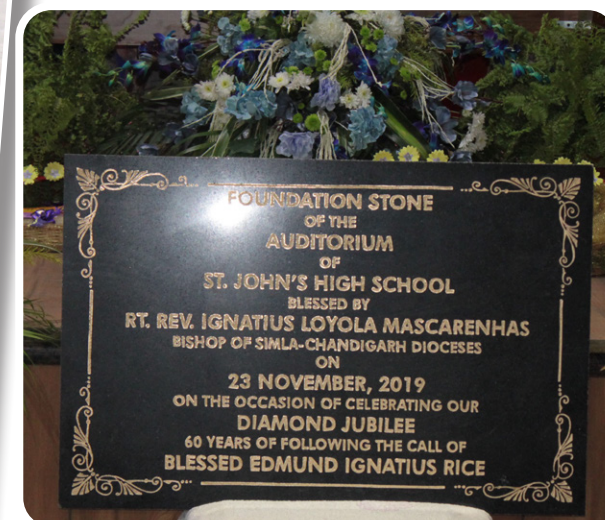
Johnians commence diamond jubilee celebration with prayer service

A beautiful prayer service was organised in St John's High School, Sector 26, Chandigarh, to mark its diamond jubilee, completion of 60 years of service to the student community. On this momentous occasion, the Bishop of Chandigarh-Shimla Diocese, Bishop Ignatius Loyola Mascarenhas led the service and blessed the school community. The foundation stone for the new state-of-the art mega auditorium was blessed by the bishop. The school was honoured with a special cover and stamp that was released by the Indian Postal Department to mark this milestone. The prayer service was attended by students, staff, brothers, alumni including high court judges and other dignitaries. On this occasion, principal Kavita Das thanked the entire St John's family for taking the school to such great heights.

नए ऑडिटोरियम का नींव पत्थर रखा



चंडीगढ़ | सेंट जोन्स सेक्टर-26 के 60 साल पूरे होने पर कार्यक्रम का आयोजन किया गया। इस दौरान ऑडिटोरियम का नींव पत्थर रखा गया।



Event- Eucharistic Celebration

Date- 23rd November, 2019

It was a day of thanks giving when we all were blessed by the Eucharistic Celebration by our Bishop Rev. Ignatius Mascarenhas, Shimla Chandigarh Dioceses, on the 23rd of November 2019 in the School Auditorium of St. John's High School. The Diamond Jubilee Celebration began with the Holy Mass. There were many priests along with the Bishop. The Bishop spoke about the meaning of the Jubilee year. All the Captains and Vice Captains of the school took part in the celebrations. The entire staff put in their best efforts to make it a great success. The Christian Teachers under the guidance of their dynamic and well organized Principal Mrs. Kavita Das took up different duties like the run through of the mass, choir, offertory; decorations etc which helped it look and turn out to be a very festive yet solemn occasion.



Our new Auditorium Foundation Stone was blessed by the Bishop.

The Special Cover issued by the Postal Department to commemorate the Diamond Jubilee was also blessed.

Our Eucharistic celebration then moved into our lush green lawns for a high tea.

FOSTER PARENTING INTERVIEW

(Mrs Kadimbni)

1.What does Foster parenting mean to you?

Foster Parenting is a beautiful and thoughtful process of building trust, care, sharing time and being empathetic to the little ones assigned to your care.

2 What do you feel about your Foster sons?

My Foster sons are different in their needs, qualities and strengths but one thing in common that they all have is their zest to improve and prove themselves.

3. How have you grown as a foster mother?

Being a foster mother has been a great challenge to my skills as a teacher, a human and above all a "MOTHER". I have discovered the reserves of patience and empathy in myself and have been able to put them to use in earnest.

4.When did your sympathy turned into empathy?

The home visits were an eye opener and made me realize that to be able to become an effective 'FOSTER MOTHER' I had to rise above sympathy. At that very moment I decided to help my children in every possible way. I have received ample reward for my efforts –the love and respect of my foster sons.



(Mrs ViniBawa)

1.Why do you think this Foster Parenting Programme is important?

The Foster Parenting Programme is undertaken by the teachers of St. John's for the well-being of our EWS children who are our prime concern. Through this programme each teacher involves and dedicates himself/herself completely to looking after the overall needs and development of their foster kids. I feel that Foster Parenting is an opportunity that we get to make a difference in someone's life.

2. When your foster son was admitted in the PGI, What assistance was provided by you?

In October, 2019 one of my foster sons was admitted in the PGI. I could see the pain this child was going through with so many pricks for blood tests, investigations and the hospital atmosphere. To bring a smile and cheer on his face, I would carry toys and some goodies for him. I counselled his parents to monitor the child's health closely, followed up with the doctors regularly, and ensured he got a good diet and medicines on time. Most importantly, I am extremely grateful to dear Kavita Ma'am for her constant support and follow up on his treatment throughout.

3. How did these visits to your foster child changed you?

My love and compassion for this child grew by leaps and bounds with each passing day and so did my prayers for him and his family.

FOSTER
❤️ CARE



EDU-FEST

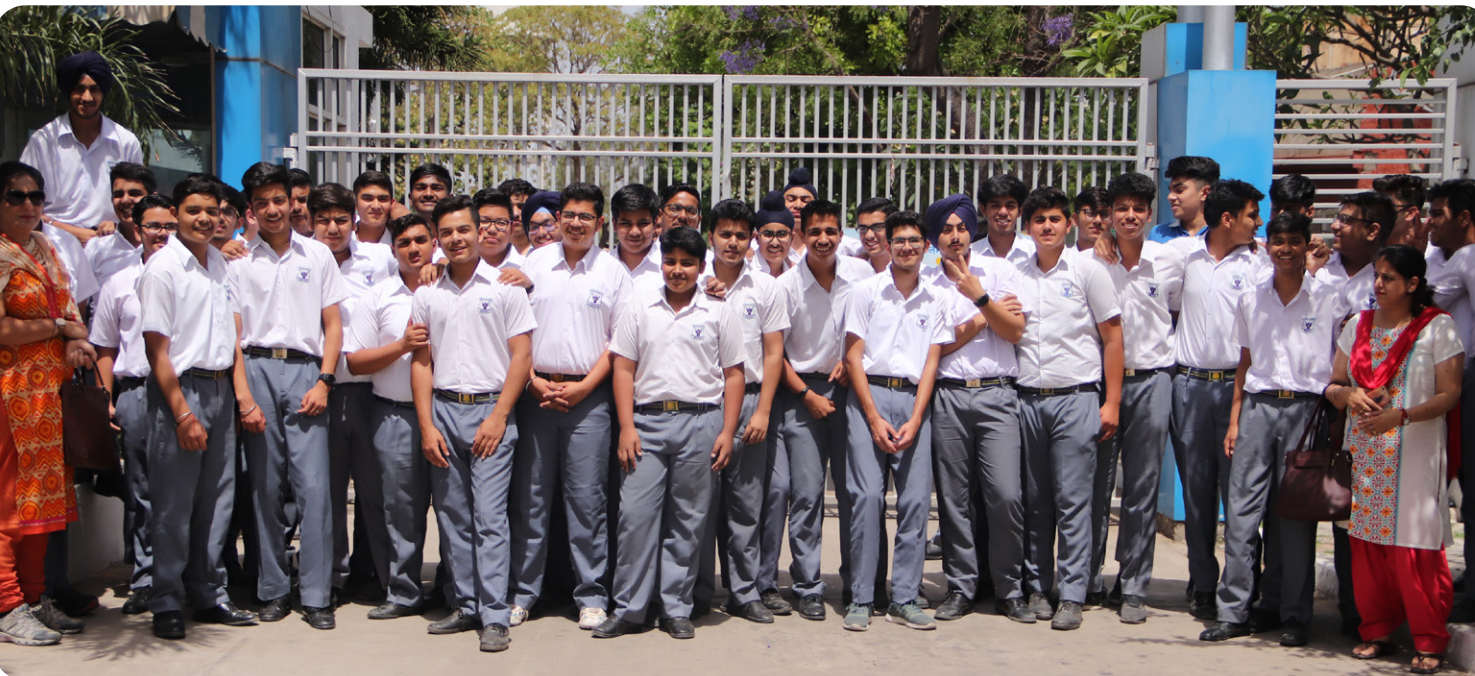
A Concerto of Opportunities

On 13 July 2019, an Edu-Fest was held in the school foyer. The programme which coincided with the school Parent Teacher Meeting, was conducted by CANAM Consultants- a reputed overseas education firm. The entire foyer was abuzz with enthusiastic students and their parents who visited various stalls offering multiple avenues for a college education. The fest offered myriad graduation courses in every field, and into universities and colleges of good repute, based in multiple nations: Canada, the UK, the USA, Australia, Singapore and New Zealand. The event was received warmly and the turnout was good.

Pavit Sohal
Sr. Editor

VERKA VISIT

CLASS X-II



REPORT ON GRID

On Wednesday, 8 May 2019, the students of class 11 and 12 of St. John's High School along with their two teachers visited the Government Rehabilitative Institute of Intellectual Disabilities, Sector-31, for their psychology field trip and NSS programme.

The boys were warmly greeted and showed around the institution by the gracious Ms. Maneesha of the GRIID. The GRIID is an institute for children with intellectual disabilities. The students at GRIID suffer from conditions like Autism Spectrum Disorder, Down Syndrome, Cerebral Palsy etc. The institution caters to 428 students of different age groups and provides boarding facilities to 25 students. The institution provides functional academic education and vocational training through distinct, individualized education methods, to its students. The students' intellectual capabilities don't allow them to avail mainstream academics, nevertheless the institution prepares students to be mainstreamed.

The institute houses pre-primary, primary, secondary, pre-vocational and vocational classes, preparatory classes and care group classes, with multiple sections per class.

In vocational class, the students learn skills in making candles and re-caning chairs. The candles produced are sold at different Umeed outlets throughout Chandigarh. Other vocations in which students are engaged in, are masala grinding-packaging, paper recycling and production of handmade paper, the semi-skill (using molds) pot-making and stitching and tailoring (which was exclusively for girls).

The Care group section has 16 students with autism, ADHD,

cerebral palsy and down syndrome. The students are taught basic functional academics, i.e. grooming, eating, toilet skills etc.

The Autism section specifically caters to students with an autism spectrum disorder.

All the students attend the yoga class in their curricula which helps the students remain calm and mitigates hyperactivity.

Our boys returned to school not just with information about various intellectual disabilities but sensitized to their different needs and capabilities. At a higher plane of realization, the boys were all motivated by the students, who work so hard despite their impediments and succeed in doing so much.

Therefore a sense of duty and responsibility towards differently abled members of our community was ignited.

On the face of each student of GRIID resided an undefeatable smile, ignorant as to all the vices of the world, and minds immaculate and untouched by personal vices. The smiles that the boys brought back, apart from the academic learning, will be cherished forever.

The visit to the Verka Factory at Mohali on 26 April 2019 began with eager students collecting their entry permits and waiting for the entry while savouring delicacies from the canteen. Inside, the daily routine of the factory was observed. The students were shown how the trucks carry milk from various points in an organised way and how the milk is tested for adulteration. If any sample of the milk fails to pass the same, the tanker is sent back to its place of origin with the cargo. The tested milk is then further tested to check the levels of fats, calcium and other components. Post this, the milk is cooled down. The final process shown to the students was 'packaging'. Sanitation and purity are a major concern in the milk and other consumable products industries, and thus, before entering the packaging stage the students were provided gloves to ensure that the milk remains pure and uncontaminated. This culminated an enjoyable and knowledgeable visit which helped the students understand the working of such mega-industries and the processes used to stop adulteration of products. Little did we know that a lot is done to retain the whiteness and sweetness of our staple beverage.

- Aditya Bansal,
Senior Editor,
XII-B (2).

Pulkit Sharma
Sr. Editor



“Creativity is intelligence having fun”

Albert Einstein



After the success of the previous editions of Coalesce & Visitavity, the Senior Secondary of St John's High School, Sector-26 Chandigarh organized its 8th edition of the 2-day long event from August 7 -8, 2019. There was an overwhelming response received from schools all over the tri-city with as many as 100 teams participating in the events through these two days.

Mrs. Anujit Kaur, District Education Officer, UT Administration, Chandigarh graced the event with her presence, as the chief guest for the inauguration on the first day of the event. She congratulated the school for conducting such a mega event for private as well as government institutions which served as a perfect blend of an equality based environment. The first day of the competition was dedicated to Coalesce (Science Quiz) for students from Science as well as 'Visitavity - where Vision meets Creativity' for students from the Humanities stream. The socio-psycho event titled 'UBUNTU' was organised where the teams prepared a model addressing one

global issue from an array of themes under the UN Sustainable Goals and its psycho -socio impact.

Mr. Bharat Bhushan Kakkar and Mr. Gurmeet Singh Sahni, both teachers at St. John's, were the quiz masters for the Science Quiz as well as the Business Quiz held on the first day and the second respectively. The preliminary rounds of both quizzes were held through a new and unique app - 'Ka-hoot!' which made the event much more interactive and interesting.

Each day also featured enthralling performances by the school choir and the band - 'The Soaring Eagles', keeping the energy levels high. Also, budding dancers of the school presented a Bhangra which enthralled the audience. Another highlight of the event was a street play (NukkadNatak) performed by the Johnians drawing the attention of the audience towards the social causes which is an endeavour of each Johnian in making the world a better place over their own comfortable lives.



Mrs. Anujit Kaur, District Education Officer, UT Administration, Chandigarh graced the event with her presence, as the chief guest for the inauguration on the first day of the event.

Yet another inspiring highlight of Coalesce – Visitavity was the school’s initiative towards a greener and healthier environment, by presenting the guests with plant saplings.

The principal of St. John’s High School, Mrs. Kavita Das, addressed the audience, expressing how students develop their knowledge of various topics through Coalesce & Visitavity, and how such competitions provide a platform to bring out the best in them. She applauded the efforts of the students and teachers who put together such a well-organized event on such a large scale, which gave students an opportunity to come together and interact for an enhanced learning experience.



DAY 1- SCIENCE QUIZ

Winners
1st runners up
2nd runners up

- Delhi Public School, Chandigarh
- Doon Public School, Chandigarh
- Ryan International School, Chandigarh

DAY 1- VISITAVITY

Winners
1st runners up
2nd runners up

- Sacred Heart Senior Secondary School, Chandigarh
- BhavanVidyalaya School, Chandigarh
- St. Soldier Divine Public School, Chandigarh

DAY 2- MOVIE MAKING

Winners
1st runners up
2nd runners up

- Sacred Heart Senior Secondary School, Chandigarh
- Doon Public School, Chandigarh
- Chitkara International School, Chandigarh

DAY 2- BUSINESS QUIZ

Winners
1st runners up
2nd runners up

- AKSIPS, Chandigarh
- BhavanVidyalaya School, Chandigarh
- BhavanVidyalaya School, Chandigarh

Shivansh Bansal
Sr. Editor



खुशी

खुशी है ऐसी चीज़ जो होनी चाहिए हर पल, हमें कुछ नहीं पता कि वह आज है या कल। हमें हर दुवाई में नहीं ढूँढ़ने चाहिए बुराई, हमें सबको कहना चाहिए इसमें नहीं भलाई। अगर हर व्यक्ति है खुश, तो वह हासिल कर सके हर सुख। हमें खुशी मिलती है हमारे माता-पिता से, हमें नहीं सुननी चाहिए बुराई किसी से। खुशी है ऐसी चीज़ जो होनी चाहिए हर पल, हमें कुछ नहीं पता कि वह आज है या कल।

सिद्धार्थ आर. के., 7 बी

माता-पिता घर आए, अपने साथ खिलौना लाए, बच्चे के मुँह पर खुशी छायी। दादा-दादी घर आए, अपने साथ मिठाई लाए, बच्चे के मुँह पर खुशी आई, सब मिलजुल जाएँ, सब खुशी संग मनाएँ।

अरित सिंगला, 7डी

कल के लिए आज मत रोना, आज के लिए कल खुशी मत खोना। खुश रहने में ही है भलाई, यह है सबसे अच्छी दवाई। गँवाना पड़े जितना भी सोना, कुछ भी हो कभी खुशी न खोना।

आदित्य तंवर, 7 डी

अध्यापक

कोई भी स्थिति हो चाहे, फिर भी हमारे साथ खड़े हैं। अध्यापकों के हिम्मत देने से ही, हमारे हौसले बढ़े हैं। यह हिस्सा हमारे जीवन का कीमती, इनकी दुआएँ रोज़ हमें मिलती। इन्हीं की वजह से मनुष्य के पास बात करने का ढंग है, तभी तो हमारा जीवन एक चमकता हुआ रंग है।

रोहन गर्ग, 9डी

हे शिक्षक! आपके लिए मेरे दिल से दो शब्द निकल जाते हैं। हमें देते हैं शिक्षा, फिर लेते हैं

हमारी परीक्षा, विद्या देकर जीवन सुख से भर जाते हैं। कभी है शांत, कभी हैं धीर, स्वभाव से सदा रहे गंभीर। दिल हमारा कोरा कागज़, ज्ञान अमिट लिख जाते हैं। मन में दबी रहे यह इच्छा, काश आप जैसा बन पाते। मेरे शिक्षक! आपके लिए दिल से दो शब्द निकल जाते हैं।

उज्ज्वल, 9डी

अध्यापक हमको देते हैं ज्ञान, हमें करना चाहिए इनका सम्मान। ज्ञान का दीप जलाते हैं, भगवान का रूप बन जाते हैं। इनसे हमने सीखा है, क्या जीवन जीने का तरीका है। गिर कर उठना सिखाया है, पूरा जहान हमें दिखाया है।

उज्ज्वल, 9डी

ज्ञान का दीपक दिल में जलाते, भगवान का स्वरूप ले आए हैं। मेहनत का बाँटते ज्ञान, वे शिष्यों के साथे हैं। जिंदगी सँवारनी सिखाई इन्होंने, उज्ज्वल राह दिखाते हैं। सही-गलत का ज्ञान बताया, शत्रु-शत्रु नमन रहेगा इनको, आओ कसम ये खाते हैं।

जोरावर, 9डी



बचपन

जब हम बच्चे थे, तो हम करते थे खेल-कूद। पर जब माँ डाँट लगाती, तो पीना पड़ता दूध।।

जब हम खेलते थे, तो करते थे बड़ों की नाक में दम, तो कभी नहीं महसूस करते कोई गम।

हमारा बचपन था सुहाना,
घूमते ये पक्षी और घूमते ये मैना,
पर अब जब बड़े हो गए तो, दिखता नहीं कोई पक्षी, दिखते हैं तो केवल मानव-मानुषी।

शुभ जैन, 6ए

शरारत बच्चों की फितरत है, मासूमियत हैं उनकी खूबी। मत पूछिए मेरा बचपन जनाब, वरना आप भी हो जाएँगे दंग, माँ को किया तंग, पापा को भी किया परेशान, दोस्तों के संग मचाया तूफान,
शिवाश जैन, 6ए

मेरा बचपन बहुत ही खास था, कम ही सही पर सब कुछ मेरे पास था। माँ की लोरी, माँ का प्यार, पिताजी का प्रेम और फटकार। समय ने सब कुछ उलझा डाला। छोटा होकर बचपन में फिर से चले जाऊँ। काश मैं उन पलों को फिर से देख पाऊँ।

आर्यन भार्गव, 6ए

बचपन में बच्चे करते जी भर के शैतानी, ना कोई रोके, ना कोई रुकता, होती है बस अपनी मनमानी। ना कोई मौका, ना कोई मतलब, होती हर वक्त सबसे छेड़खानी, बच्चों की छोटी सी शैतानी, माँ को याद करवाती नानी। एक बार जो बीत गया, तो वापिस फिर न आएगा, जवानी की देहरी जो आई, बचपन बाए-बाए कर जाएगा।

आरिख, 6ए

बचपन रंग-रंगीला है, कितना लगे सुरीला है। तितली के पीछे दौड़ा मैं, मछली के पीछे तैरा मैं। नानी का मैं सबसे प्यारा, दादी का मैं राजदुलारा। कक्षा में हम धूम मचाएँ, इसको, खींचे उसे नचाएँ। खेत में सरसों पीला है, बचपन रंग-रंगीला है।

आदित्य शर्मा, 6ए

अच्छी तरह अभी पढ़ना न आया, कपड़ों को अपने आप बदलना न आया। दे कर थपकी माँ मुझे सुलाती हैं, दादी अब नई कहानियाँ सुनाती है। मेरा बचपन रंगीला है।

शिवान बसंल, 6ए



हिन्दी ओलंपियाड 2019

हिन्दी भाषा का उत्थान करने का प्रण लिए सेंट जॉन्स उच्च विद्यालय के हिन्दी विभाग ने प्राधानाचार्या व सहप्र. बन्धकों के सहयोग से राष्ट्र स्तरीय हिन्दी विकास संस्थान (दिल्ली) द्वारा आयोजित की गई विशेष परीक्षा, हिन्दी ओलंपियाड-2019 का आयोजन किया। जिसमें लगभग 160 छात्रों ने भाग लिया व साइकृत गुलाटी, कक्षा पाँचवीं व ईश फोगट, कक्षा चौथी को राष्ट्रीय स्तर पर विशेष पुरस्कार मिला। कई अन्य छात्रों को स्वर्ण, रजत व कांस्य पदक मिले। भविष्य में भी ऐसा प्रयास जारी रहेगा, ताकि छात्र हिन्दी भाषा में पारंगत हो सके।



मई दिवस पर गपप

माइक - ओ स्टेज भाई, कहाँ जा रहे हो?

स्टेज - अपने दिन का काम खत्म कर घर जा रहा हूँ।

माइक - हाँ! आज का दिन मज़ा आ गया। क्या खूब गाया बच्चों ने मौके पर!

कुर्सी - अरे! क्या बातें कर रहे हो माइक और स्टेज भाई, एक तो तुम दोनों का साथ निराला है।

स्टेज - कुर्सी बहन हम बात कर रहे हैं आज 1 मई श्रमिक

दिवस के अवसर पर हुए हमारे विद्यालय में विशेष समागम के बारे में।

कुर्सी - हाँ, मैंने भी तो देखा, सब कुछ। जो कर्मचारी भाई हमें रोज़ दूसरों के लिए साफ करते कतारों में लगाते, आज दिन भर वे मुझ पर बैठे और मजे करते रहे।

माइक - हाँ, आज तो कर्मचारी भाइयों के लिए बच्चों ने गाना गाया, कविताएँ पढ़ी व कर्म की प्रशंसा में अनगिनत शब्द बोले।

स्टेज - और सभी कर्मचारी भाई मुझ पर चढ़े, बच्चों ने उन्हें फूल व उपहार भी दिए।

और पता है, इन कर्मचारियों के लिए बच्चों ने क्या तालियाँ बजाई, मज़ा आ गया सुनकर।

कुर्सी - कितने आराम से बैठे थे हम पर सब।

स्टेज - मुझ पर उछल-उछल कर बच्चों ने नृत्य भी किया। वाह! क्या भंगड़ा किया।

माइक - हमारी प्रधानाचार्या श्रीमती कविता दास जी ने भी इन कर्मचारी भाइयों का धन्यवाद किया, आभार व्यक्त किया कि वे कार्य कितने प्यार से करते हैं।

कुर्सी - और फिर माइक, मैं और स्टेज भाई जब हम हॉल में थे तब क्या नज़ारा था।

स्टेज - हाँ जी, इन सभी कर्मचारियों को, खेलें खिलाई गई, जीतने वाले को उपहार दिए गए।

माइक - और इन्हें जो खाना खिलाया गया, मेरे तो मुँह में पानी आ गया।

कुर्सी - अच्छा, इनका दिन तो अच्छा बीता, हम थोड़ा थक गए।

स्टेज - अरे कोई बात नहीं, हम इनकी खुशी में खुशी ढूँढ लेते हैं।

माइक - हाँ दूसरों की खुशी में ढूँढना ही तो सिखाती है हमारी प्रधानाचार्या, श्रीमती कविता दास जी।

अनिरुद्ध गर्ग - 10सीन



हर बोली मैंने बोली

“मैं कुछ कहना चाहता हूँ, मेरी बात सुनो, मुझसे बात करो, मुझे समझो”, इन वाक्यों को कहने या लिखने के लिए एक माध्यम, भाषा का प्रयोग किया जाता है। सन् 2019-20 अन्तर्राष्ट्रीय भाषाओं के महत्त्व को जानने व समझने का वर्ष है। भाषा अन्तर्राष्ट्रीय हो या राष्ट्रीय, प्रत्येक भाषा, विभिन्न शब्दों व लिपियों की पोशाक पहने रखती है। विभिन्न भाषाओं के, विशेषकर भारतीय भाषाओं के मुख्य शब्दों को छात्रों को सीखाने का विशेष प्रयत्न हमारे विद्यालय द्वारा प्रातः काल की हर सभा में किया जा रहा है। इसके लिए दिनांक 29-7-19 को विशेष सभा भी करवाई गई, जिसमें छात्रों ने भाषा के महत्त्व व विभिन्न भाषाओं को सीखने के लाभों के बारे में विस्तार पूर्वक जाना।

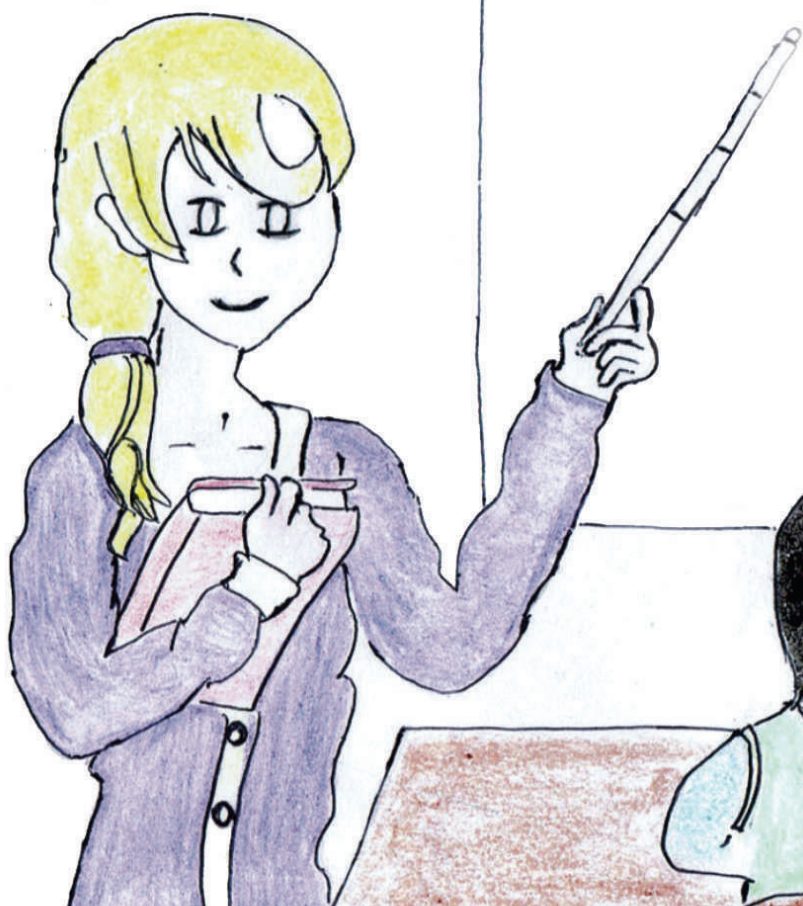
श्रीमती मोनिका भट्ट

कितना प्यारा देश है,

मेरा भारत हर बात में विशेष है। यहाँ भिन्न भाषाएँ बोली जाती हैं, हर भाषा सबके मन को भाती है। कोई भी भाषा बोलो, पर उसको, पहले शुद्धता के पैमाने पर तोलो। थोड़ी-थोड़ी हर भाषा बोलना सीखो, न जाने कब जरूरत पड़ जाए किसी को। आप समझदार हैं, अपनी समझदारी से कोई भी भाषा चुन लो, और फिर उसी भाषा में दूसरों की बात भी सुन लो। समझने और समझाने में, भाषा ही सहायता करती है। जिसने अपनी भाषा को छोड़ दूसरी भाषा न सीखी, ये उसके जीवन की सबसे बड़ी गलती है।

श्रीमती मोनिका भट्ट

मीठी वाणी
मीठी वाणी बोलिये





एक दिन वे- लिए आपको जानी-मानीद्ध नामदार हस्ती बनाया जाए तो आप क्या बनना चाहोगे और क्यों?

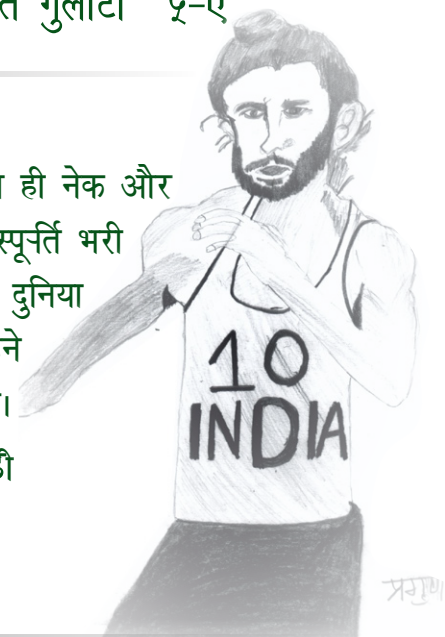


हम सब अपने जीवन में कोई नामदार हस्ती बनना चाहते है। मुझे अगर ऐसा मौका मिला तो मैं देश का प्रधानमंत्री श्री नरेंद्र मोदी बनना चाहता हूँ क्योंकि मैं इस देश को बदलना चाहता हूँ। मैं इस देश को दुनिया में सबसे अच्छा देश बनाना चाहता हूँ मैं चाहता हूँ कि भारतवासी कानून के हर नियम का पालन करें। सब एक दूसरे का सम्मान करें। इस देश में बदलाव आए और हर जगह शांति हो। काश मुझे कभी ऐसा मौका मिले।

साईकृत गुलाटी ५-ए

अगर मुझे एक नामदार हस्ती बनाया जाए तो मैं मिलखा सिंह बनना चाहूँगा क्योंकि वे एक बहुत ही नेक और ईमानदार इंसान हैं। उनकी दौड़ को देखकर मुझे दौड़ना आया जिसे करने से मैं कतराता था। उनकी स्पोर्ट्स भरी दौड़ देखकर मुझे उनवे- जैसा बनना था। अब मैं काफी तेज़ भागने लगा हूँ और भी अधिक शक्ति के साथ दौड़ना चाहता हूँ। उनवे- किस्से दुनिया भर में मशहूर है। वे मेरे लिए एक मिसाल बनकर इस दुनिया में आए हैं। मिलखा जी, आपको मैं धन्यवाद देता हूँ कि आपने मेरे अंदर दौड़ने का साहस, शक्ति, स्पोर्ट्स व जूनून पैदा किया है।

गुरषांत सिंह खन्ना ५-डी



अगर मुझे नामदार हस्ती बनाया जाए तो मैं कपिल शर्मा बनना पसंद करूँगा। क्योंकि वह सबको हँसा कर सच्चा पुण्य कमाता है। वह हँसाकर सबको खुश रखता है। वह बीमार लोगों को हँसाकर ठीक भी कर देता है। उसने मजाकिया फिल्मों भी बनाई है। वह बहुत अच्छा आदमी है। उसका कमेडी शो टीवी पर आता है। जिसमें उसवे- साथ अनेक मजाकिया लोग काम करते हैं। उसका शो देखने के बाद सभी चिंतामुक्त होकर ठहाके मारकर हँसते हैं।

उत्कर्श ५-डी

अगर दुनिया में एक समस्या खत्म करना चाहते हैं तो कौन-सी होगी, कैसे करेंगे?



मैं एक समस्या खत्म करूँगा और वह प्लास्टिक की समस्या होगी। प्लास्टिक को खत्म करने से जग में बहुत बड़ी समस्या खत्म हो जाएगी। इसको खत्म करने के लिए बहुत से तरीके अपनाने चाहिए। प्लास्टिक के थैलों की जगह कागज, जूट और कपड़े के थैले इस्तेमाल करें। प्लास्टिक के इस्तेमाल को कम करें। वैज्ञानिक नष्ट होने वाले प्लास्टिक की खोज में लगे हैं। प्लास्टिक ने पूरे देश को भयभीत कर रखा है। हमें प्लास्टिक को पानी में नहीं बहाना चाहिए और मुझे यकीन है कि सब प्लास्टिक को खत्म करने में मेरी मदद करेंगे। इसके लिए

4^त का नियम अपनाना चाहिए जिसका मतलब रियूज़, रिसाइकिल, रीड्यूज, रीकवर है।

भूपेन गोयल 5 - बी

अगर मैं दुनिया से एक समस्या खत्म करना चाहूँगा तो वह देश से गरीबी हटाना चाहूँगा। गरीबी हमारे देश में एक विकट समस्या बन चुकी है। भारत में तो किसान गरीबी की वजह से अपनी जान भी दे रहे हैं। आधे से ज्यादा लोग परेशानी में गरीबी की वजह से अपनी जान देते हैं। सारे अमीर लोगों को गरीबी को हटाने में अपना योगदान देना चाहिए। हमारे देश के प्रधानमंत्री भी गरीबी को हटाने में अपना योगदान दे रहे हैं। हमें ध्यान रखना चाहिए सभी को जीने का हक है। रोटी, कपड़ा, और मकान की आवश्यकता सभी की पूरी होनी चाहिए।

हार्दिक 5 - ए





सपने में मैं एक दिन राजमहल गया, तो...

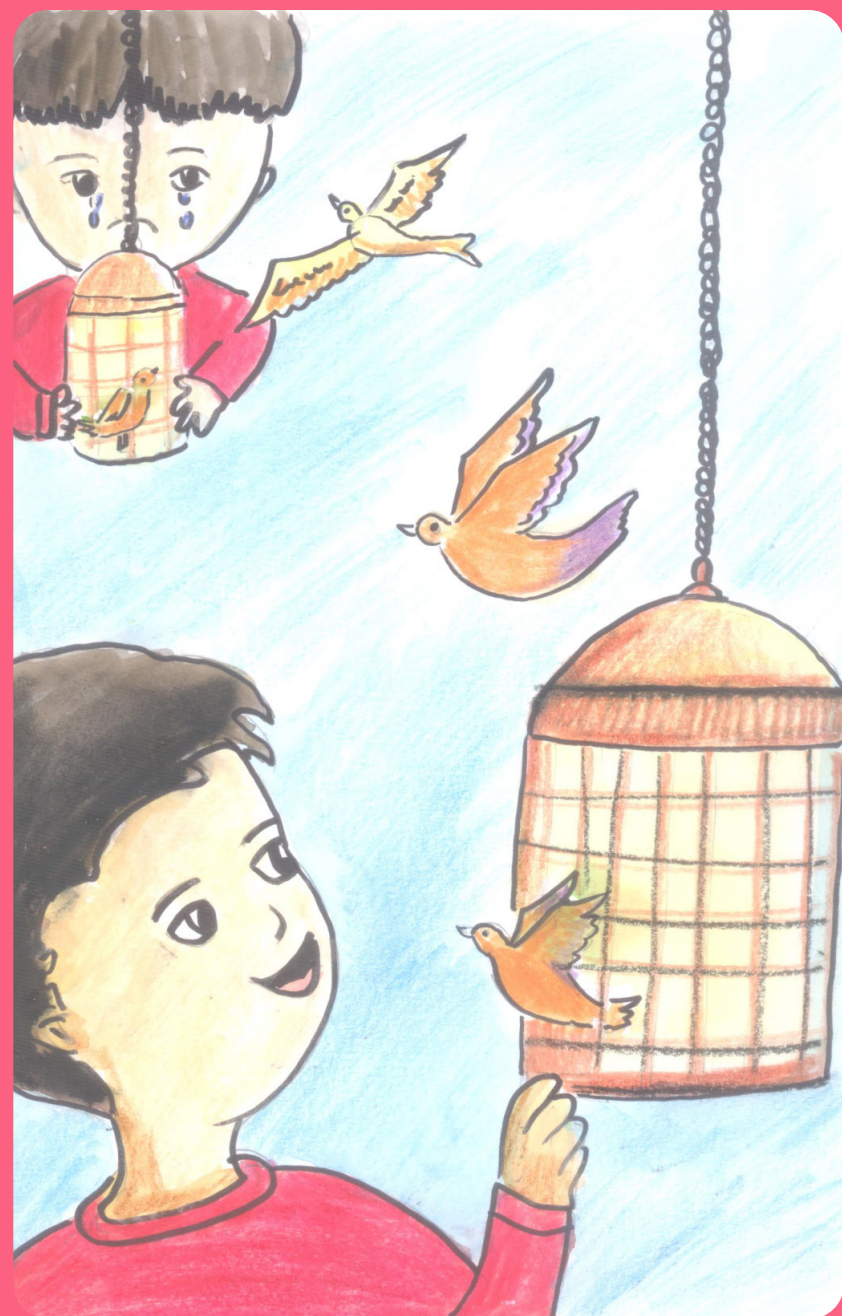
मैं अपने आप को राजा समझने लगा और मेरे आगे पीछे सैनिक चलने लगे। फिर मैं अपने घोड़े पर बैठकर घूमने चला गया। उसवे- बाद मैं महल में आराम करने लगा और पकवान खाने लगा। उसवे- बाद जैसे ही मैंने खाना खाया तभी वुछ डावुओं ने राजमहल पर हमला कर दिया। फिर मेरे सैनिकों ने उन्हें पकड़कर जेल में बंद कर दिया। उसवे- बाद मैं अपने राज्य के लोगों से मिलने गया और उन्हें समस्या का हल बताया। अब मैं जैसे ही महल के अंदर पहुँचा तो मैंने देखा कि दो सैनिक आपस में लड़ रहे थे। उसवे- बाद मैंने उनसे पूछा कि तुम क्यों लड़ रहे हो? उन्होंने मुझ से कहा, कि तुम क्यों हम से पूछ रहे हो, मैंने उनसे कहा, कि मैं इस राज्य का राजा हूँ। इतने में माँ ने मुझे जगा दिया और प्यारा सा सपना टूट गया।

गौरव, ४-बी

मैंने जब पिंजरे में बंद पक्षी देखा

पक्षी तो स्वतंत्रता से उड़ते हुए ही अच्छे लगते हैं परंतु आधुनिकीकरण की वजह से ये पक्षी इससे कोसों दूर चले जाते हैं। इन पक्षियों की आवाज़ सुनकर हमारा दिमाग शांत हो जाता है। एक दिन मैं अपने मित्रों के साथ खेल रहा था। मैंने देखा कि हमारी पड़ोसिन ने एक तोता पाला हुआ था। वह तोता दिन-रात एक पिंजरे में रहता था। वह औरत उसे दिन-रात चॉकलेट खाने को देती जो उनके लिए जहर है। उसके लिए बहुत हानिकारक है। वह तोता खाने को सूँघता और फिर छोड़ देता। उसे देखकर मुझे भी रोना आया। मैंने उस पिंजरे को खोलकर तोते को आजाद किया। यह सोचकर मुझे अपने पर गर्व होता है।

प्रभव, 4 - बी



हम एक दिन अपने मित्र के घर खेलने के लिए गए। मैंने जब दरवाज़ा खटखटाया तो मेरे मित्र ने दरवाज़ा खोला। मैंने उससे कुछ देर बातें की और हम फिर उसके कमरे में गए। मैंने उसके कमरे में एक पिंजरे के अंदर बंद पक्षी देखा। वह रो रहा था। मुझे उस पर दया आई। मैंने अपने मित्र से पूछा कि तुमने इसे बंद क्यों कर रखा है? उसने बताया कि सजावट के लिए रखा है, तो मैंने उसे समझाया कि यह बुरी बात है। हमें कैसा लगता अगर हम पिंजरे में होती तुम नहीं जानते क्या ये पक्षी हमारे आसमान के रंग हैं, इसलिए इन्हें बंद मत करो आसमान में उड़ने के लिए छोड़ दो।

मैं जब स्कूल आ रहा था। मैंने देखा कि एक तोता पिंजरे में बंद था। वह शिकारी के द्वारा बेचने के लिए पकड़ा गया था। मैंने उसे छोड़ने के लिए कहा, परंतु वह नहीं माना। इतनी देर में किसी दूसरे बच्चे ने उसका पिंजरा खोल दिया और तोता उड़ गया। शिकारी को अपने कर्मों का फल मिल गया, अब मैं खुश था।

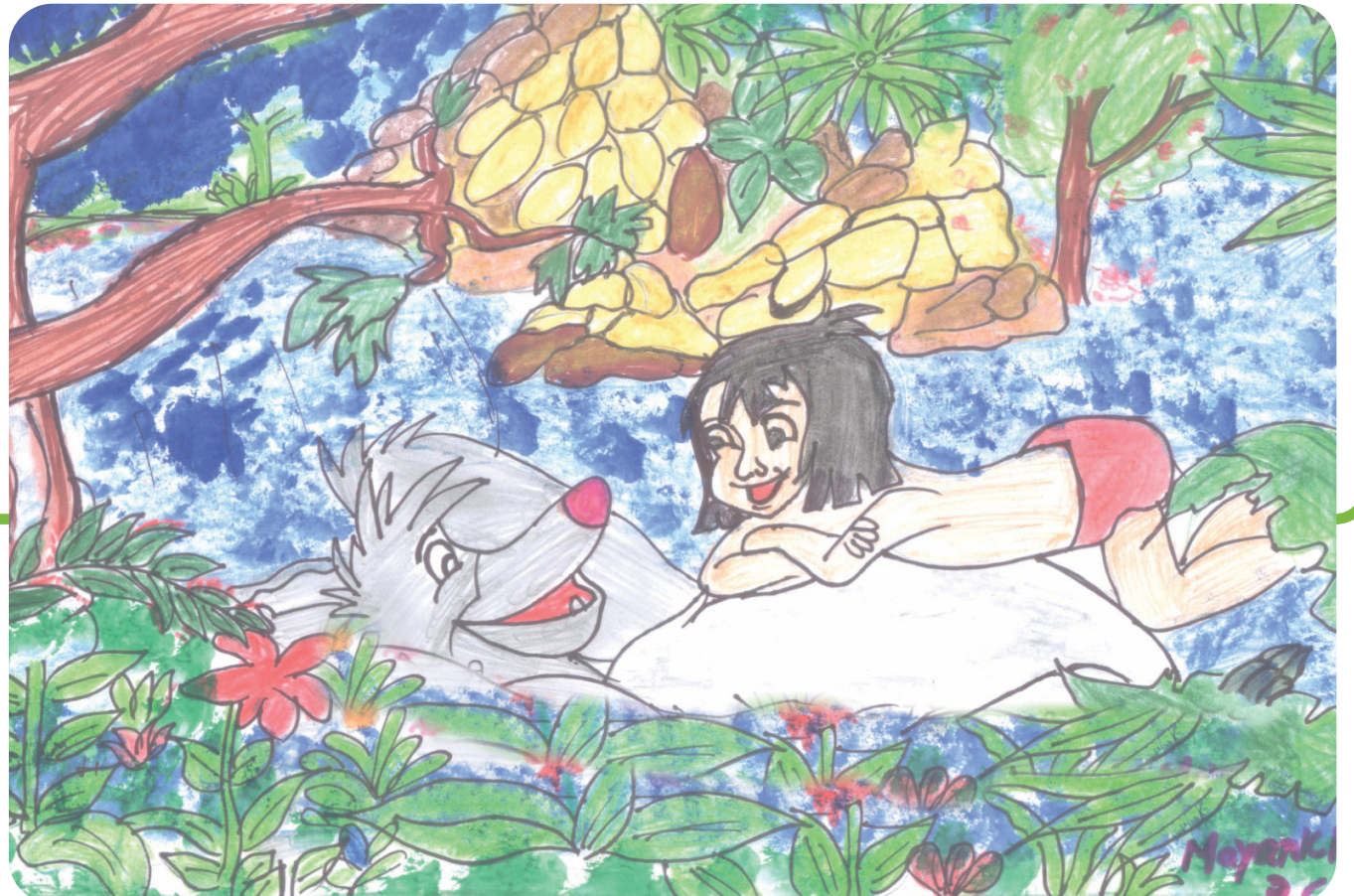
इशान वासुदेवा, 5 - सी



मैं मोगली बनना चाहता हूँ क्योंकि

मैं मोगली बनना चाहता हूँ क्योंकि मुझे जानवर पसंद हैं। मैं जानवरों के साथ रहना चाहता हूँ। मुझे जंगल में रहना पसंद है। मैं जंगल में जानवरों के साथ खेलना चाहता हूँ। मैं जंगल के नज़ारों का मज़ा लेना चाहता हूँ। मैं जानवरों की भाँसा सीखना चाहता हूँ। मैं जानवरों के रहन-सहन के बारे में सीखना चाहता हूँ। मैं जंगल में उछलना चाहता हूँ। मैं ताज़ी हवा लेना चाहता हूँ। मैं मोगली की तरह रहना चाहता हूँ ताकि जानवरों का दुख-दर्द बाँट सकूँ।

अचिंत्य 3 - ए



वर्षा आने पर मैंने ऐसे मस्ती की।

वर्षा आने पर मैंने ऐसे मस्ती की मैं और मेरे दोस्त वर्षा में खेल रहे थे। वहाँ एक मोर नाच रहा था। हम पानी के गुब्बारे फुलाकर एक दूसरे पर मार रहे थे। हमने बहुत मस्ती की। थोड़ी देर में ओले पड़ने लगे। हम ओर मस्त हो कर मोर की तरह नाचने लगे, अलग-अलग पक्षियों की आवाज़ें निकालने लगे।

त्रिपत 3 - बी



स्वच्छ भारत

हम सब हैं भाई-भाई आओ मिलकर करें सफाई।
न फेंके कूड़ा इधर उधर, उठाएँगे हम सारा कूड़ा,
स्वच्छ भारत अभियान होगा पूरा।
गाँधी जी से किया है वादा, बनेगा स्वच्छ भारत हमारा।
आओ, झाड़ू पोछा लगाएँ, भारत को स्वच्छ बनाएँ।
आओ सब नारा लगाएँ, “स्वच्छ भारत स्वच्छ भारत”।
मेधांश महेन्द्रू 5 - ए

ध्यान बिना ज्ञान नहीं, ज्ञान बिना जहाँ नहीं।

ध्यान की महिमा सुन, ध्यान बिना कुछ नहीं तुम,
ध्यान से पा सकोगे ज्ञान, ज्ञान से समझ सकोगे जहाँ।
ध्यान ज़रा लगाओगे, ज्ञान बड़ा पाओगे,
नादानी को दूर भगा, दुनिया पर काबू पाओगे।
ध्यान, ज्ञान की महिमा न्यारी जानती है दुनिया सारी।
ध्यान लगाकर ज्ञान बटोर छोड़ दें अज्ञानता की डोर।
नीव 5 - ए

मेरी नज़र में भारतीय किसान



मेरी नज़र में भारतीय किसान

एक बार जंगल में एक राजा षिकार करने गया। परंतु षिकार करने के लिए जैसे ही तीर निकला हिरन भाग गया। राजा भी भागते-भागते उसवे पीछे जंगल में चला गया। बहुत धाम हो चुकी थी। जंगल से डरावने जीव-जंतुओं की आवाज़ें आने लगी। राजा घबरा गया। उसकी नज़र अचानक एक व्यक्ति पर पड़ी जिसने सिर पर कपड़ा फटा सा वुस्त्रा व पुरानी धेती पहन रखी थी। वह राजा के पास गया और बोला, आप इतने क्यों डर गए हो? राजा ने सारी घटना सुनाई, किसान अपना परिचय देता हुआ बोला कि मैं आपवे राज्य में छोटा सा किसान हूँ। दिन में बिजली की सुविधा न होने के कारण रात में बिजली आई है इसलिए पानी लगाने खेत में जा रहा हूँ। आप चलिए मैं आपको छोड़ देता हूँ। राजा ने दूसरे दिए सभा में सारी बात बताई और किसान को इनाम दिया। राजा की तरह भारत की सरकार को भी किसानों को इनाम व सुख सुविधा देनी चाहिए, क्योंकि भारतीय किसान बहुत मेहनती होते हैं।

साहिर ३-डी

पतंग उड़ाने का आनंद

मेरा नाम विहान है। मैं आपसे अपना वुछ अनुभव सांझा करना चाहता हूँ। जो कि पतंग उड़ाने के आनंद के बारे में है। इस बार मकर संक्रांति के दिन मेरे पिताजी ने मुझे एक पतंग लाकर दी। मैं पतंग लेकर छत पर गया और पतंग उड़ाने लगा। इतने में मैंने जब नीचे देखा तो गली में एक गरीब बच्चा खड़ा होकर मेरी तरफ देख रहा था। कभी मेरी तरफ देखता, कभी पतंग की तरफ देखता। मुझे लगा कि वह भी पतंग उड़ाना चाहता है। तभी मैंने उसे अपने पास बुलाया और अपने पास रखी हुई एक पतंग उसको दे दी और उसे कहा कि वह भी मेरे साथ पतंग उड़ाए। पहले तो वह बच्चा घबराया। लेकिन फिर वह मेरे साथ छत पर पतंग उड़ाने लगा। मैंने देखा कि वह बच्चा पतंग उड़ा कर बहुत खुश था। मैंने उसे खाने के लिए चॉकलेट दी। हम दोनों ने मिलकर आसमान में उड़ती हुई दो पतंग काट दी। फिर हम खुशी से झूम उठे। हम छत से नीचे आए। उस बच्चे ने मेरा धन्यवाद किया। वह बहुत खुश था। मुझे उस दिन पतंग उड़ाने में जो आनंद आया वह पहले कभी नहीं आया।

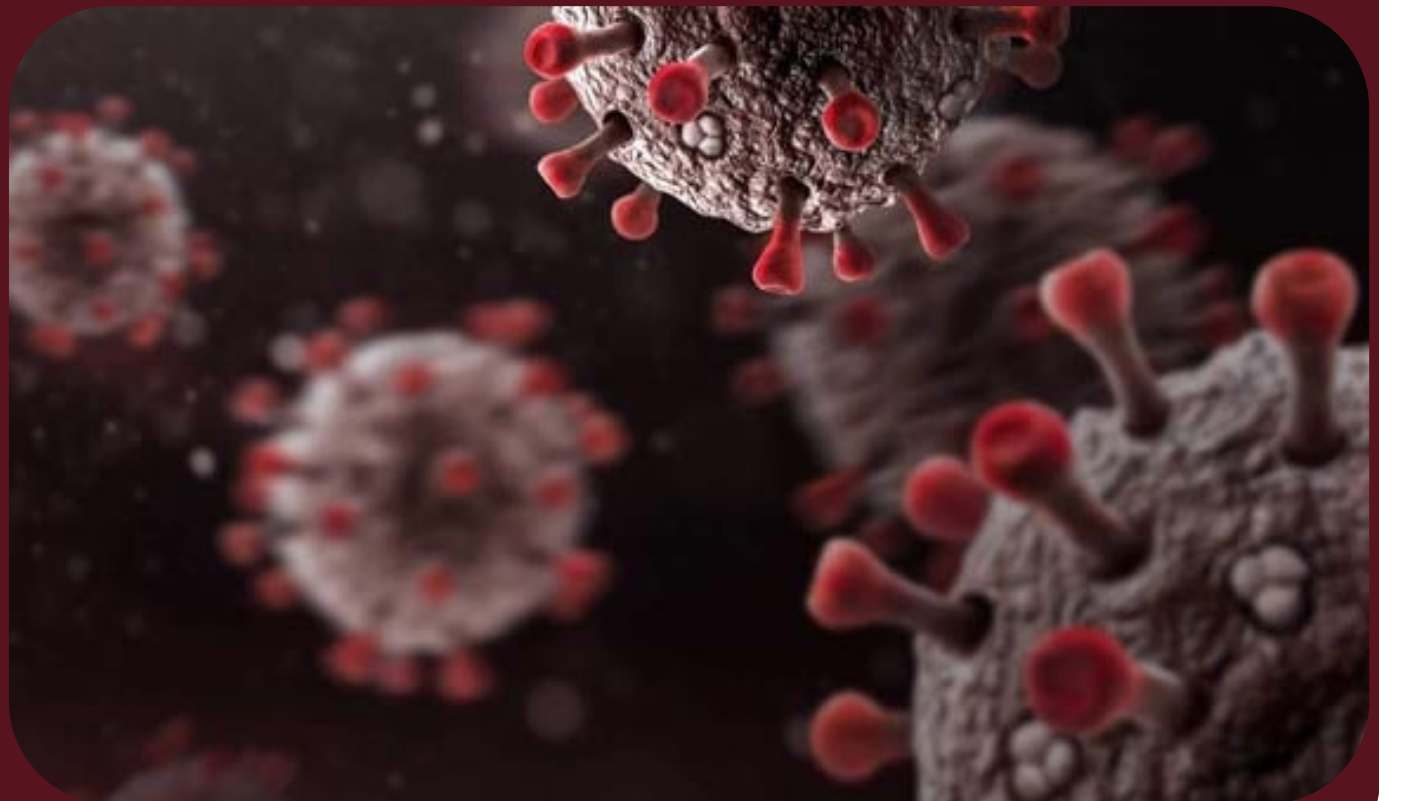
विहान गुप्ता ३-डी



करोना वायरस

अगर चाहते हो करोना वायरस से बचना,
तो मेरी बात को ध्यान से सुनना।
हाथ धोना, खाना खाने से पहले,
न रह जाए हाथ मैले-कुचैले। न मिलाओ हाथ
बीमार से वरना बीमारी आ जाएगी घर आपके।
अगर हो आप बीमार तो छींक मारते रखें
नाक पर रुमाल खाँसते भी करे, मुँह ढक कर
बचाव। यही है करोना वायरस से बचने का
विचार, बच्चों। बच कर रहना वायरस न कर पाए
तुम पर वार। करना हर बचाव पर विचार,
स्वच्छता का हमेशा रखना ख्याल।

मेधांश, कक्षा 5ए





मैं जब अपनी लिखावट स्वयं न समझ सका।

एक दिन लेखनी ने कहा मुझको पकड़कर, जो लिखा कागज़ तूनें, मुझे सुना दे वह पढ़कर। शर्म से सिर झुकाए मैं बैठा रहा, अक्षर एक समझ न आया, मन ही में बड़बड़ाता रहा। प्यार से समझाने लगी पतली सी वह लेखनी, मन लगाकर बात सुनी, गलती पर पश्चाताप किया, पेज पर हर अक्षर मैंने मोती जैसा लिख दिया।

ईश 4 - बी

एक रात मैं अपने दोस्तों के साथ घूमने गया। अचानक से हम सब रास्ता भटक गए और एक घने जंगल में पहुँच गए। दूर-दूर तक रोशनी दिखाई नहीं दे रही थी। हम सब डर गए थे, पर हमने हिम्मत नहीं छोड़ी और एक दूसरे का हाथ पकड़कर आगे बढ़ते गए। चलते-चलते हमने सामने एक बोर्ड देखा उस पर कुछ लिखा था। हमें लगा कि हमें अब रास्ता मिल जाएगा। हमने उसे पढ़ने की कोशिश की, पर पढ़ ना पाए क्योंकि उस पर लिखावट ऐसी थी जैसे उसे किसी ने काँपते हुए हाथों से लिखा हो। तब मुझे अहसास हुआ किलिखावट सुंदर होना कितना आवश्यक है क्योंकि अगर उस बोर्ड पर लिखावट अच्छी होती तो शायद हम आसानी से रास्ता ढूँढ पाते।

यतिश 4 - सी

प्रतियोगिता जीतने का एहसास

प्रतियोगिता जीतने का एहसास, होता है बहुत खास। मेहनत अगर करो तो कुछ भी नहीं नामुमकीन, जीत की खुशी को जाहिर करना बहुत ही है, कठिन।

इनाम हाथ में पकड़ा, बीच मैदान में खड़ा, मुबारकबाद का सिलसिला दोस्तों से चल पड़ा। तालियों की गड़गड़ाहट से गूँज उठा धरती आकाश, प्रतियोगिता जीतने का एहसास होता है बहुत खास।

रनबीर प्रताप सिंह 5 - बी

प्रतियोगिता जीतने का एहसास,

होता है बहुत ही खास। प्रतियोगिता जीतकर हम बहुत खुश होते हैं, और माता-पिता भी हमारे संतुष्ट हो जाते हैं।

हम जीत जाते हैं प्रतियोगिता, लेकिन जल्दी यकीन नहीं होता। दादा-दादी झूम उठते हैं कि जीत गया उनका पोता। मेहनत जो मैंने की, नहीं गई बेकार। मैं बहुत खुश हुआ और बन गया इनाम का हकदार।

सबने बैठाकर मुझको पास, कहा तुमसे थी यही आस,
प्रतियोगिता जीतने का एहसास होता है बहुत ही खास।



सात्विक, 5 - बी

एक पेड़ वातावरण के लिए

पेड़ लगाओ, पेड़ लगाओ,
सभी तरफ से नारा है,
क्यों ज़रूरी है ये इतना,
क्यों यही हमारा सहारा है।

कानन, धरा का है श्रृंगार,
इनसे हरा भरा संसार,
चाहें अगर जीना हम बरसों,
यही प्राण, यही जीवन संचार।
फलों, फूलों का स्रोत यही हैं,
स्वच्छ हवा, झूम उठे बहार,
बिना वृक्ष न जीवन मुमकिन,
जीवों का है ये घर बार।

वृक्ष हमें कितना कुछ देते
बदले में वे न कुछ लेते
क्यों न हम भी ये प्रण ले
हम भी वृक्षों को कुछ दें।



... 5 - बी

एक दिन की बात है, मेरा दोस्त छुट्टियों में मेरे पास रहने आया। हम देर रात तक मौज़-मस्ती करते टी.वी. देखते थे। मम्मी-पापा के सोने के बाद भी हम जागते थे। एक दिन पड़ोस के घर से बहुत ऊँची-ऊँची चिल्लाने की आवाज़ आ रही थी। पड़ोस वाले अंकल डॉक्टर थे तथा आंटी गृहिणी थी। बहुत देर बाद जब झगड़ा बढ़ने लगा मैं और मेरा दोस्त चुप-चाप उनके घर गए तथा झगड़े का कारण जानना चाहा तो पता चला कि दो दिन से वे घर नहीं आए थे। वे अस्पताल में काम कर रहे थे और काम की व्यस्तता के कारण आंटी को फोन भी नहीं कर सके। अंकल ने बताया कि दिल्ली में प्रदूषण इतना बढ़ गया है कि अस्थमा के मरीजों से अस्पताल भरा हुआ है। सभी की हालत बहुत खराब है। हमने आंटी को समझाया शांत किया और बताया कि इस समस्या से छुटकारा पाने के लिए हम सबको कदम उठाना चाहिए तथा वातावरण को साफ-सुथरा रखने के लिए उठाना चाहिए और पेड़ लगाने चाहिए।

दानिशवीर, 4 - सी



टीचर

टीचर टीचर प्यारी टीचर, आप में हैं कितने फीचर।
आपका है जो रास्ता, उस पर मैं कभी नहीं फँसता,
चलते जाता हूँ हँसता-हँसता। कभी इंगलिश, कभी मैथस,
कभी जी.के., तो कभी ई.वी.एस., रह जाता हूँ मैं दंग।
कभी एडजेक्टिव, कभी ईस्ट इंडिया कम्पनी तो कभी
एक्सोस फेयर, गुस्सा आए तो पहुँच जाए एक्सोस फेयर
और मुश्किल आए तो बन जाए ओज़ोन लेयर।
इसीलिए मैं कहता हूँ वाए टू “फियर वेन टीचर इज़ हेयर”।

मेधांश, कक्षा 5ए

ਕਿੱਥੇ ਗਏ ਉਹ ਦਿਨ?

ਕਿੱਥੇ ਚਲੇ ਗਏ ਉਹ ਸਕੂਲ ਦੇ ਦਿਨ?
ਨਾ ਕਿਸੇ ਗੱਲ ਦੀ ਫਿਕਰ,
ਖੁਸ਼ੀ-ਖੁਸ਼ੀ ਲੰਘਦੇ ਸੀ ਦਿਨ।
ਦੂਜਿਆਂ ਦੇ ਟਿਫਨ ਚੁਰਾਣਾ,
ਤੇ ਟੀਚਰ ਤੋਂ ਲੁੱਕ ਕੇ ਚੁਪਕੇ-ਚੁਪਕੇ ਖਾਣਾ। ਸਾਰਾ
ਦਿਨ ਖੇਡਦੇ ਰਹਿਣਾ
ਫੇਰ ਡਾਂਟ ਦੇ ਡਰ ਤੋਂ ਪੀ. ਟੀ. ਐੱਮ ਤੇ ਨਾਜਾਣਾ।

ਬਹੁਤ ਚੇਤੇ ਆਉਂਦਾ ਹੈ,
ਗਰਮੀਆਂ ਦੀਆਂ ਛੁੱਟੀਆਂ ਦੀ ਉਡੀਕ ਕਰਨਾ, ਛੁੱਟੀ ਵੇਲੇ ਸਕੂਲ ਨੂੰ ਯਾਦ ਕਰਨਾ।
ਸਕੂਲ ਨਾ ਜਾਣ ਦੇ ਬਹਾਨੇ ਬਣਾਉਣਾ, ਪਰ ਮਾਂ ਦੀ ਡਾਂਟ ਸੁਣ ਕੇ ਸਕੂਲ ਲਈ ਨਿ
ਕਲ ਜਾਣਾ।

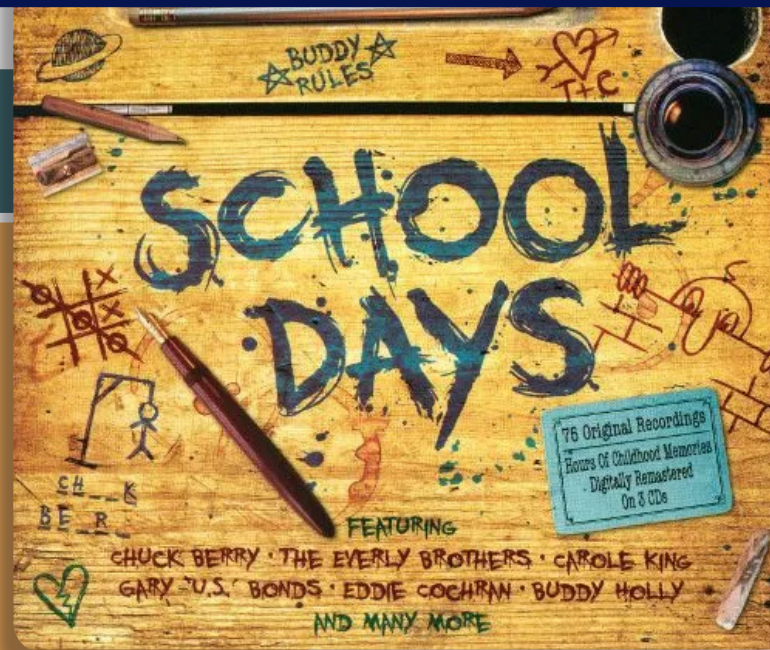
ਕਿੱਥੇ ਚਲੇ ਗਏ ਉਹ ਸਕੂਲ ਦੇ ਦਿਨ?
ਜਦੋਂ ਮਿੱਤਰਤਾ ਝੂਠੀ ਨਹੀਂ ਸੀ ਹੁੰਦੀ।
ਜਦੋਂ ਯਾਰ ਇੱਕ-ਦੂਜੇ ਨਾਲ ਰੁਸਦੇ ਸਨ,
ਪਰ ਹੁੰਦਾ ਸੀ ਦਿਲ ਵਿੱਚ ਉਨ੍ਹਾਂ ਦੇ ਪਿਆਰ।
ਕਿੱਥੇ ਗਈ ਉਹ ਪਿਆਰ ਦੀ ਨੀਂਹ?
ਕਿੱਥੇ ਗਈ ਉਹ ਪਿਆਰ ਦੀ ਨੀਂਹ?

Bhavay Arora, 12-B

ਲੀਡਰਸ਼ਿਪ

'ਅਗਵਾਈ' ਕਿਸੇ ਸਿਰਲੇਖ ਜਾਂ ਅਹੁਦੇ ਬਾਰੇ ਨਹੀਂ ਹੈ, ਇਹ ਪ੍ਰਭਾਵ ਅਤੇ ਪ੍ਰੇਰਨਾ ਬਾਰੇ ਹੈ। ਅਗਵਾਈ ਕਿਸੇ ਨਿਰਧਾਰਤ ਹਾਵੀ ਹੋਣ ਜਾਂ ਹੰਕਾਰੀ ਹੋਣ ਦਾ ਗੁਣ ਨਹੀਂ ਹੈ। ਇਹ ਦੂਜਿਆਂ ਦੀ ਮਦਦ ਕਰਨ ਦਾ ਗੁਣ ਹੈ। ਇੱਕ ਚੰਗਾ ਨੇਤਾ ਦੂਜਿਆਂ ਨੂੰ ਪ੍ਰੇਰਿਤ ਕਰਨ ਅਤੇ ਭੀ ਵੱਖ ਦੇ ਨੇਤਾਵਾਂ ਨੂੰ ਪੈਦਾ ਕਰਨ ਲਈ ਆਪਣੇ ਦਿਲ ਵਿੱਚ ਇਹ ਗੁਣ ਪੈਦਾ ਕਰਨ ਦੀ ਸ ਮਰੱਥਾ ਰਖਦਾ ਹੈ। ਇਹ ਗੁਣ ਹਰੇਕ ਵਿਦਿਆਰਥੀ ਵਿੱਚ ਨਹੀਂ ਵੇਖਿਆ ਜਾ ਸਕਦਾ ਪ ਰ ਹਰ ਵਿਦਿਆਰਥੀ ਨੂੰ ਘੱਟ ਤੋਂ ਘੱਟ ਇਹ ਗੁਣ ਪ੍ਰਾਪਤ ਕਰਨ ਦੀ ਕੋਸ਼ਿਸ ਕਰਨੀ ਚ ਾਹੀਦੀ ਹੈ। ਅੱਜ ਦੀ ਮੁਕਾਬਲੇ ਵਾਲੀ ਦੁਨੀਆਂ ਵਿੱਚ ਅਗਵਾਈ ਜਿਹੇ ਗੁਣ ਵਿਅਕਤੀਗਤ ਵਿਕਾਸ ਲਈ ਬਹੁਤ ਜ਼ਰੂਰੀ ਹਨ। ਇਹ ਇੱਕ ਮਹੱਤਵ ਪੂਰਨ ਕਾਰਜ ਹੈ ਜੋ ਇੱਕ ਮਨ ਖੁਸ਼ ਦੀ ਕੁਸ਼ਲਤਾ ਵਧਾਉਣ ਵਿੱਚ ਮਦਦ ਕਰਦਾ ਹੈ। ਪਰਿਸਥਿਤੀਆਂ ਕਦੇ ਵੀ ਸਾਡੇ ਹੱਥ ਵਿੱਚ ਨਹੀਂ ਹੁੰਦੀਆਂ ਪਰ ਪ੍ਰਤੀਕਿਰਿਆ ਹਮੇਸ਼ਾ ਅਜਿਹੀ ਹੁੰਦੀ ਹੈ ਜਿਸ ਨੂੰ ਅਸੀਂ ਕਾਬੂ ਕਰ ਸਕਦੇ ਹਾਂ। ਇੱਕ ਚੰਗਾ ਨੇਤਾ ਨਾ ਸਿਰਫ਼ ਸਕਾਰਾਤਮਕ ਪ੍ਰਤੀਕਿਰਿਆ ਕ ਰਦਾ ਹੈ, ਬਲਕਿ ਸਮੂਹ ਦੇ ਹੋਰ ਲੋਕਾਂ ਨੂੰ ਤਸਵੀਰ ਦਾ ਸਹੀ ਪੱਖ ਨੂੰ ਵੇਖਣ ਵਿੱਚ ਸਹਾਇਤਾ ਕਰਦਾ ਹੈ। ਇੱਕ ਚੰਗੇ ਨੇਤਾ ਨੂੰ, ਇੱਕ ਚੰਗੇ ਸੰਚਾਰਕ ਬਣਨ ਦੀ ਜ਼ਰੂਰਤ ਹੁੰਦੀ ਹੈ। ਇੱਕ ਚੰਗੇ ਨੇਤਾ ਨੂੰ ਕੋਈ ਵੀ ਫੈਸਲਾ ਸੋਚ-ਸਮਝ ਕੇ ਅਤੇ ਸਬਰ ਨਾਲ ਲੈਣਾ ਚਾਹੀਦਾ ਹੈ।

Ansh Manchanda, 10-D



ਤਿਰੰਗਾ

ਤਿਰੰਗਾ ਹੈ ਸਾਡਾ ਮਾਣ,
ਇਹੀ ਹੈ ਸਾਡੀ ਸ਼ਾਨ।



ਇਸ ਦੇ ਮਾਣ ਲਈ ਹੋਏ ਨੇ ਕਈ ਵੀਰ ਕੁਰਬਾਨ,
ਅੱਜ ਵੀ ਕਈ ਜਵਾਨ ਇਸ ਲਈ ਦਿੰਦੇ ਹਨ ਆਪਣੀ ਜਾਨ।

ਅੱਜ ਸਾਰੀ ਦੁਨੀਆਂ ਵਿੱਚ ਹੈ ਤਿਰੰਗੇ ਦਾ ਸਤਿਕਾਰ, ਤਿਰੰਗੇ ਦਾ ਸਤਿ
ਤਕਾਰ ਹੀ ਕਰੇਗਾ ਦੂਰ ਅੰਧਕਾਰ।

ਅੱਜ ਤਿਰੰਗੇ ਨੂੰ ਜਾਣਦਾ ਹੈ ਵਿਸ਼ਵ ਸਾਰਾ, ਜੋ ਤਿਰੰਗੇ ਲਈ ਮਾਣ
ਨਾ ਹੁੰਦਾ ਤਾ ਰਹਿ ਜਾਂਦਾ ਗੁਲਾਮ ਸਾਡਾ ਦੇਸ਼ ਪਿਆਰਾ।

ਤਿਰੰਗੇ ਨੂੰ ਭਾਰਤਵਾਸੀ ਕਦੀ ਨਾ ਭੁੱਲਣਾ, ਇਸ ਨਾਲ ਹੀ ਹੈ ਸਾਡਾ
ਜੀਣਾ, ਸਾਡਾ ਮਰਨਾ।

ਤਿਰੰਗੇ 'ਤੇ ਹੈ ਸਭ ਨੂੰ ਮਾਣ, ਤਿਰੰਗਾ ਸਾਡੀ ਆਣ, ਬਾਣ ਤੇ ਸ਼ਾਨ।

Sumer Mohan Singh Bassi, 10-A



ਜੈ ਜਵਾਨ ਜੈ ਕਿਸਾਨ

(3) ਪਚਿਟਰਬ ਪਣਨਦਨਿਗ

1. ਕਿੰਨਾ ਪਿਆਰਾ ਹੈ ਇਹ ਨਾਹਰਾ,
ਜੈ ਜਵਾਨ, ਜੈ ਕਿਸਾਨ।
ਜੋ ਦੇਸ਼ ਦੀ ਖਾਤਰ ਜਾਨ ਵਾਰੇ,
ਲੜੇ ਸਾਹਸ ਤੇ ਹਿੰਮਤ ਦੇ ਨਾਲ,
ਆਖਰੀ ਸਾਹ ਤਕ ਕਦੇ ਨਾ ਹਾਰੇ।
2. ਸੁਣ ਮੇਰੇ ਦੇਸ਼ ਦੇ ਵੀਰ ਜਵਾਨਾ,
ਕਰਜ਼ ਤੇਰਾ, ਤਾਰੂ ਕਿਵੇਂ ਜਹਾਨ।
ਆਪਣੀ ਜਾਨ ਦੀ ਬਾਜ਼ੀ ਲਾ ਕੇ
ਖਾਤਿਰ ਦੇਸ਼ ਦੀ ਹੋਵੇ ਕੁਰਬਾਨ।
3. ਜੈ ਹੋਵੇ ਤੇਰੀ ਵੀਰ ਕਿਸਾਨਾ,
ਤੂੰ ਹੈ ਸਭ ਲਈ ਅੰਨ ਦਾ ਦਾਤਾ,
ਹਰ ਭੁੱਖੇ ਦੀ ਭੁੱਖ ਮਿਟਾਵੇਂ,
ਦੇਸ਼ ਦਾ ਅਸਲੀ ਤੂੰ ਨਿਰਮਾਤਾ।
4. ਤੇਰੇ ਚਿਹਰੇ ਉਤੇ ਵੀਰਾ,
ਕਿਉਂ ਹੈ ਅੱਜ ਉਦਾਸੀ ਛਾਈ?
ਸੁਣਿਆ ਕਰਜ਼ੇ ਦੀ ਪੰਡ ਨੇ,
ਰਾਤ ਦੀ ਤੇਰੀ ਨੀਂਦ ਉਡਾਈ।
5. ਕਈਆਂ ਨੇ ਤਾਂ ਦੁੱਖ ਵਿੱਚ ਆ ਕੇ,
ਖੁਦਕੁਸ਼ੀਆਂ ਦਾ ਰਾਹ ਹੈ ਫੜਿਆ,
ਹੱਸਦੇ-ਵੱਸਦੇ ਘਰ ਤੇਰੇ ਵਿੱਚ,
ਕਿਉਂ ਹੈ ਅੱਜ ਹਨੇਰਾ ਵੜਿਆ।
6. ਸੁਣ ਮੇਰੇ ਦੇਸ਼ ਦੇ ਵੀਰ ਜਵਾਨਾ,
ਸੁਣ ਮੇਰੇ ਦੇਸ਼ ਦੇ ਵੀਰ ਕਿਸਾਨਾ।
ਰਲ-ਮਿਲ ਸਭ ਦੇ ਦੁੱਖ ਵੰਡਾਈਏ,
ਰਲ-ਮਿਲ ਸਭ ਖੁਸ਼ੀਆਂ ਪਾਈਏ।

Naz Wansh, 9-B

ਦਾਦੀ ਆਪਣੀ ਕੋਲ ਸੀ ਮੈਂ ਬੈਠਾ,
ਗੱਲਾਂ ਆਪਣੇ ਜ਼ਮਾਨੇ ਦੀ ਕਰਦੀ ਸੀ ਉਹ।
ਦੱਸੇ ਮੈਨੂੰ ਗੱਲਾਂ ਉਸ ਜ਼ਮਾਨੇ ਦੀਆਂ, ਜਦ ਿ
ਕੱਕਲੀ ਤੇ ਗਿੱਲੀ-ਡੰਡਾ, ਖੇਡਾਂ ਸੀ ਬਸ ਦੋ।
ਜਦ ਖਾਣਾ ਸੀ ਸਾਫ਼, ਪ੍ਰਦੂਸ਼ਣ ਤੋਂ ਮਾਫ਼
ਜਦ ਪਰਿਵਾਰਾਂ ਤੇ ਦਿਲਾਂ ਵਿੱਚ ਭਰਿਆ ਸੀ ਮੋਹ।

ਸੋਚਣ ਵਿੱਚ ਵੀ ਲੱਗੇ ਔਖਾ
ਕਿਹੋ ਜਿਹਾ ਉਹ ਹੈ ਸੀ ਦੌਰ।
ਜਦ ਕੋਈ ਬੰਦਾ ਨਹੀਂ ਸੀ ਵੱਖਰਾ ਜਦ ਜਵਾਕਾਂ ਦੇ ਹੱਥਾਂ ਿ
ਵੱਚ ਨਹੀਂ ਸੀ ਫੋਨ।

ਸ਼ਾਇਦ ਮੈਂ ਕਦੇ ਨਾ ਵੇਖ ਪਾਵਾਂ ਉਹ ਦੌਰ, ਸ਼ਾਇਦ ਦਾਦੀ ਦੀਆਂ ਅੱਖਾਂ 'ਚੋਂ ਹੀ ਮੈਂ ਦੇਖ
ਪਾਵਾਂ ਉਹ ਦੌਰ। ਸੁਪਨਿਆਂ ਵਰਗਾ ਸੀ ਜੋ, ਚਲਾ ਜਾਵੇਗਾ ਉਸ ਨਾਲ ਜੋ। ਸੁਪਨਾ ਬਣਕੇ ਰਹਿ ਜਾਵੇਗਾ,
ਯਾਦ ਬਣਕੇ ਰਹਿ ਜਾਵੇਗਾ ਜੋ।

Aalam, 12-A

ਕਿੱਥੇ ਗਿਆ ਉਹ ਦੌਰ



ਬਿਨਾ ਸੰਤੋਖ ਨਹੀਂ ਕੋਊ ਰਾਜ

ਮਜ਼ਬੂਰ ਭਿਖਾਰੀ ਲੱਭੇ ਚਵਨੀਆਂ ਵਿੱਚੋਂ ਅੱਠਨੀ ਕੋਈ, ਭਰਪੂਰ ਬਾਦਸ਼ਾਹ ਲੱਭੇ ਮਹਿਲਾਂ ਵਿੱਚੋਂ ਦਿਲਕਸ਼ੀ ਥੋੜ੍ਹੀ।

ਮੈਂ ਤੋਂ ਤਿਹਾਇਆ ਲੱਭੇ ਖਾਲੀ ਬੋਤਲਾਂ ਤੋਂ ਦੋ ਘੁੱਟ ਹੋਰ ਮਸਤਾਨੀ, ਸੂਫੀ ਲੱਭੇ ਤਾਰਾਂ ਵਿੱਚੋਂ ਇੱਕ ਤਾਰ ਕੋਈ ਰੂਹਾਨੀ।

ਉਮਰੋਂ ਗੁਜ਼ਰੀ ਨਾਰ ਆਈਨੇ 'ਚੋਂ ਲੱਭੇ ਦੋ ਪਲ ਸ਼ਿੰਗਾਰ, ਮਲਿਕਾ-ਏ-ਹੁਸਨ ਲੱਭੇ ਮਹਿਫਲਾ 'ਚੋਂ ਕੋਈ ਇੱਕ ਵਫ਼ਾਦਾਰ।

ਪਿਆਸੇ ਰੁੱਖ ਲੱਭਣ ਫਰੇਬੀ ਬੱਦਲਾਂ 'ਚੋਂ ਪਾਣੀ ਦਾ ਇੱਕ ਛਿੱਟਾ, ਰੱਜੇ-ਰਜਾਏ ਲੱਭਣ ਪਕਵਾਨ,
ਮਿੱਠਾ ਕਰਨ ਨੂੰ ਮੂੰਹ ਦਾ ਜਾਇਕਾ।

ਇਨ੍ਹਾਂ ਮੰਗਤਿਆਂ ਨੂੰ ਭਲਾ ਕੌਣ ਸਮਝਾਵੇ - "ਬਿਨਾ ਸੰਤੋਖ ਨਹੀਂ ਕੋਊ ਰਾਜੈ, ਸੁਪਨ ਮਨੋਰਥ ਬ੍ਰਿਥੇ ਸਭ ਕਾਜੈ।"

Pavit Sohail 12-A